

Marijuana

By *Jonathan Sanchez*

Is marijuana good for you? Many people say marijuana is good. Many people say it is bad. This article will be telling all the facts and effects of marijuana.

Marijuana is the dried leaves of the hemp flower. It has THC, which is the main ingredient that makes you high. THC has a very low solubility in water. When you start smoking marijuana, the main chemical in it, THC, quickly passes from the lungs into the bloodstream. The blood carries the chemical to the brain and other organs throughout the body. Your body then gets slower, and people can even tell when talking on the phone because you can hear it in their voice. People who use marijuana have a high risk to get lung cancer, which causes daily coughing, phlegm and more frequent lung illness. Marijuana raises the heart rate for up to three hours after smoking. This effect may increase the chance of getting a heart attack.

In addition, marijuana can double the risk of having a car accident because they're not thinking well. Also, teenagers who regularly smoke marijuana are twice as likely to drop out of school because they get addicted. People who smoke regularly have double the risk of developing mental disorder like schizophrenia, especially if there is a family history and they started smoking in adolescence.

How people smoke marijuana is in hand rolled cigarettes or in water pipe bongs. Additionally, it is very popular with teenagers to mix marijuana in food that are called edibles. Furthermore, people start smoking marijuana before the age of 21 because they cannot drink legally. In some other states such as Alaska and Oregon, they have legalized marijuana but in California they have not.