

Why Teens Abuse Drugs

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Have you ever wondered why teens abuse drugs and alcohol? Teens who abuse drugs and alcohol are becoming a very serious problem because it is dangerous for them and for people in their community. There are many reasons why teens abuse drugs, and some of them are peer pressure, boredom, and curiosity. According to Drugabuse.gov, a survey showed that out of 46,000 teens in the 8th, 10th, and 12th grade, 13 percent of 8th graders tried drugs, 30 percent of 10th graders, and 40 percent of 12th graders. Many teens follow in their parents' footsteps, which means if their parents did or do drugs and alcohol, they often follow suit.

According to Drugfree.org, the first of many reasons why teens have an addiction is because of peer pressure. Peer pressure is defined as friends urging others to do drugs and alcohol. Drugfree.org mentioned, "47 percent of teens who had seen movies with drugs think it is fine." If a teen does not fall into the pressure, then all the other teens may think that they do not belong in the crowd. However, at the end, while everyone else did drugs and alcohol, the one who did not will be more healthy and will live longer. While peer pressure is the main reason why teens abuse drugs, there are many more.

There are other reasons for addiction like boredom and curiosity. Boredom is another reason why teens abuse drugs and alcohol. When they are alone, many teens have trouble keeping themselves occupied so they decide to do drugs and alcohol. They do drugs for excitement, and it helps fill the void. Drugfree.org stated, "Drugs and alcohol work quickly, and the initial effects feel good." Teens might be bored so they do drugs to be happy for a short period of time.

Lastly, some teens try drugs because they have the desire to try new things. Adolescents often want to be treated as grown ups, and they want the privileges that come with age, so they like using alcohol. According to Drugfree.org, "Some teenagers think that drugs are part of the teenage experience."

Teens who abuse drugs and alcohol are already harming themselves, but they do not realize that they can cause danger in their community. On Norconon.org, it stated that one reason why it is dangerous in their community is because if they are drunk while driving, they could cause accidents or even death to themselves and maybe many pedestrians. Another reason is that some drugs cause suicide and murder. Lastly, they can become criminals when they are drunk. These problems could lead to an “unsafe community, and no trust because crime is rampant.”

In conclusion, reasons why teens abuse drugs and alcohol are because of peer pressure, boredom, and curiosity. Teens who abuse drugs are not only harming themselves, but they are also harming the community by causing accidents and making it an untrustworthy place. We need to stop this because it is really dangerous for the safety of the community, and it is going to also ruin the future generation. So if you are or know someone who is abusing drugs, there are many rehab centers and hotlines to help stop the addiction. One hotline is +1-855-378-4373 and to find a rehab center just search up teenage drug abuse rehab center. In order to live a healthy life, say no to drugs.