

Bullying

By Adriana Herrera

BuLLying, we have seen it happen. You might have been a victim, a witness, or maybe even a bully yourself. Bullying is like a virus or an illness if you think about it. Illnesses have a cure sometimes, while bullying does not yet.

Bullying does not end there. There are three types of bullying. There is cyber bullying, which is when people on the internet or in games bully other people in chat or voice. There is physical bullying, which is people hurting each other with their arms, legs, and other body parts. Then there is the most known bullying, verbal bullying, which is when people tell you that you suck and other negative things.

I have found some reasons why people bully. One reason is that they are probably stressed out at home, and they take their stress out on other people. Another reason is that they want to be and feel powerful, like they can do whatever they want, like in a video game, and that no one can stop them when in reality people can stop them. Reason three, they want to be recognized. Popularity can lead to people doing the wrong things to be known. Now the final reason is because that was the way they were raised.

People, we can stop bullying. It might take a while, but at least we can stop this madness. Here is what we can do. I do not know if it will work, but we can try. One thing we can do is to talk to your child or friend. This will help them a lot in reality. If you help them they might not drop out of school or worse. Or if they are the bully, you can try to talk them out of it. Parents and their children can join some stop bullying program. For example, Get Safe is a program that helps kids know what to do when being bullied.

Some people get bullied and move schools. Some people drop out of school. Some go so far that they end their lives! People end their lives to escape bullying. Don't put yourself down. "Your skin isn't paper don't cut it. Your face is not a mask, don't hide it. Your size isn't a book, don't judge it. Your life isn't a film, don't end it."

Here is something sad. Some students fear the restroom at school. You know why? The restroom is the smallest room in the school that a student can enter. That is also one of the most common places a person is bullied physically and verbally.

These are the bad effects of bullying, and there are no good effects to bullying. If you are being bullied, you might become a bully. Though that is not 100 percent possible, you still could. Now that you know the affects of bullying, you might not bully anyone, or stop bullying if you are already a bully.