

How does bullying affect people?

By Jacob Gonzales

Have you ever been bullied? If you have, you are not alone.

Bullying: to tease one kid over and over again. Bullying is not fun I have been bullied and it makes me sad that 3.2 million students get bullied each year and 160,000 students skip school each day. It is sad that kids miss education because some kid called him a dork on the playground.

It bothers me that people get joy from this. People get scared to come to school. People get bullied online which is cyberbullying, usually on a social media site like Facebook, or Twitter. It is usually over something small like something someone said or a picture that someone takes offensive.

I have actually seen a fight and it is scary and it looks painful, but it happens and people can get seriously hurt or put in a coma. That kind of bullying is called physical bullying. Some people think it puts on a good show but they do not realize the effect of this people could lose a fight and then get made fun of do not want to show there face at school so they do not show up or drop out and it usually happens in high school.

“When I got into year 1 my life changed a lot; my sister's friends started calling me mini Natalie”, this is the beginning sentence to a story from a website called stampoutbullying.org. That is called verbal bullying. Verbal bullying is where someone is teasing you calling you names or making fun of you about something. Verbal bullying can leave people with mental trauma and psychological scars. It can also leave adult unsure of themselves and unable to recognize their true value.

Last but not least, if you want to hangout with some friends and they walk past you saying oh something smells just to imply that you stink because they walked right past you, or if they exclude you purpose just to upset you, that is called social bullying. Usually people lose a whole group of friends or

do not get a chance to make friends because they think something is true about them but is usually false.

If you see any of these things happening stop it because if not, then you are just as much the blame as the people who are doing these things. So speak up tell an adult talk to the people doing it to the person, talk to the person that it is happening to and tell people, use your voice.

Bullying can cause people to be unstable, untrustworthy, and mentally and or physically scarred, I don't want people to be that way I'm trying to help people by changing those people.