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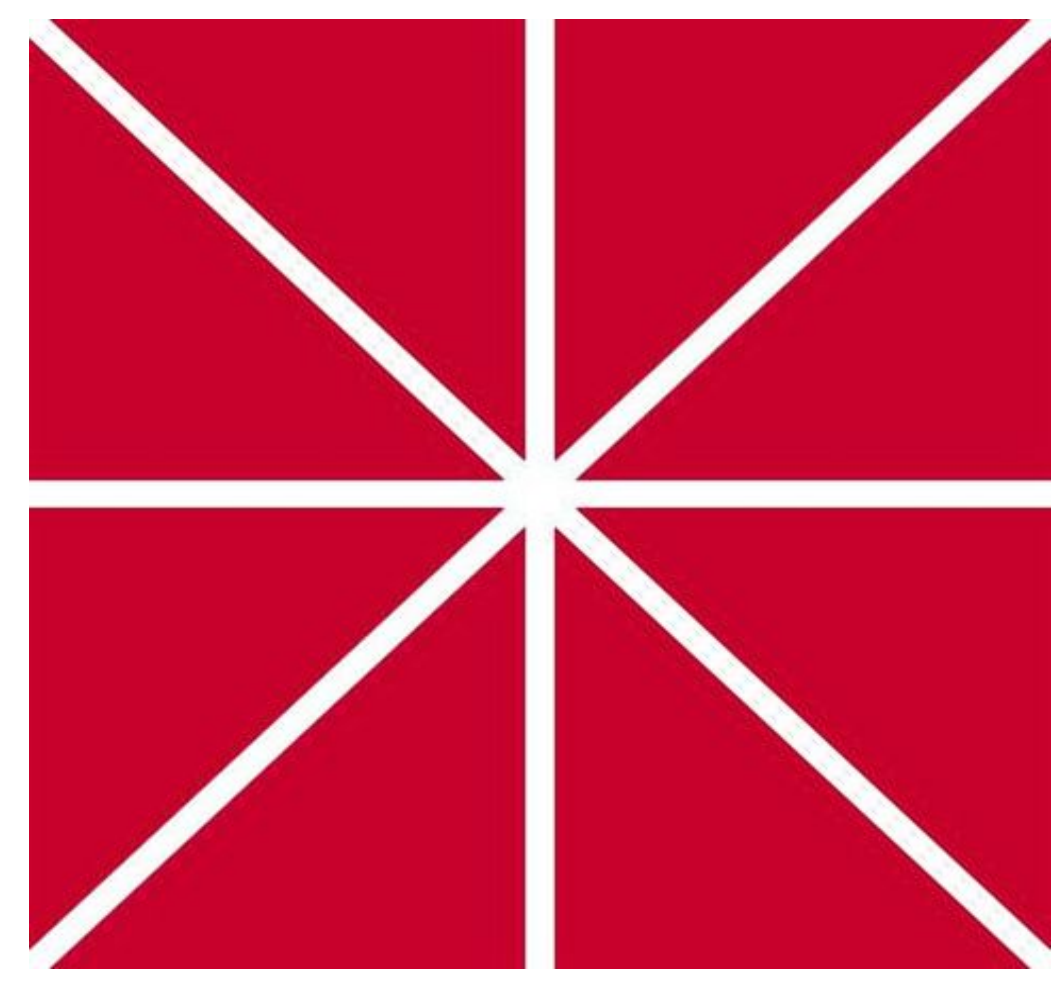
How COVID19 has Impacted Students Nutrition and Eating Habits with the Abrupt Closure of Restaurants and Campuses

Chloe Sermet

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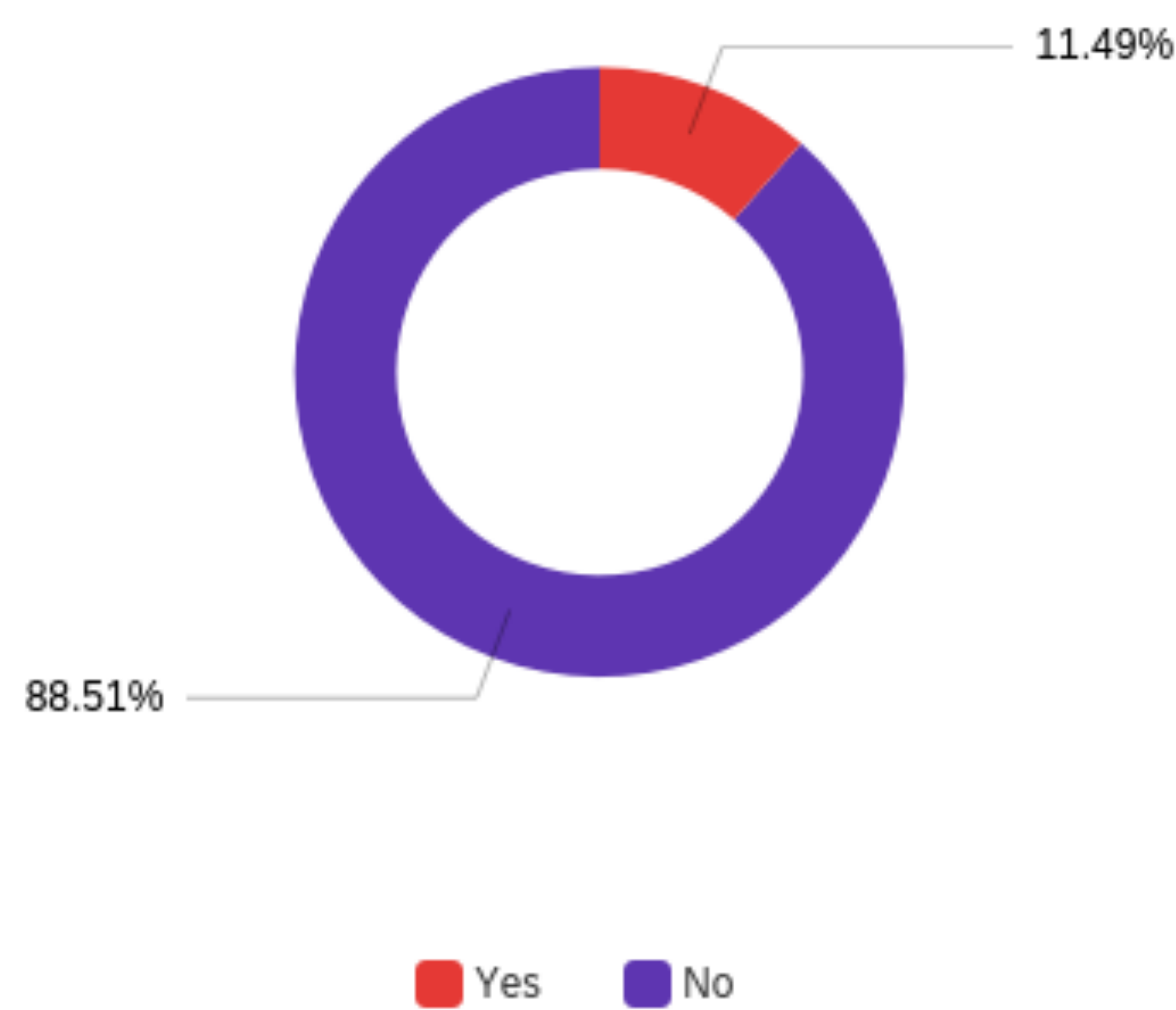
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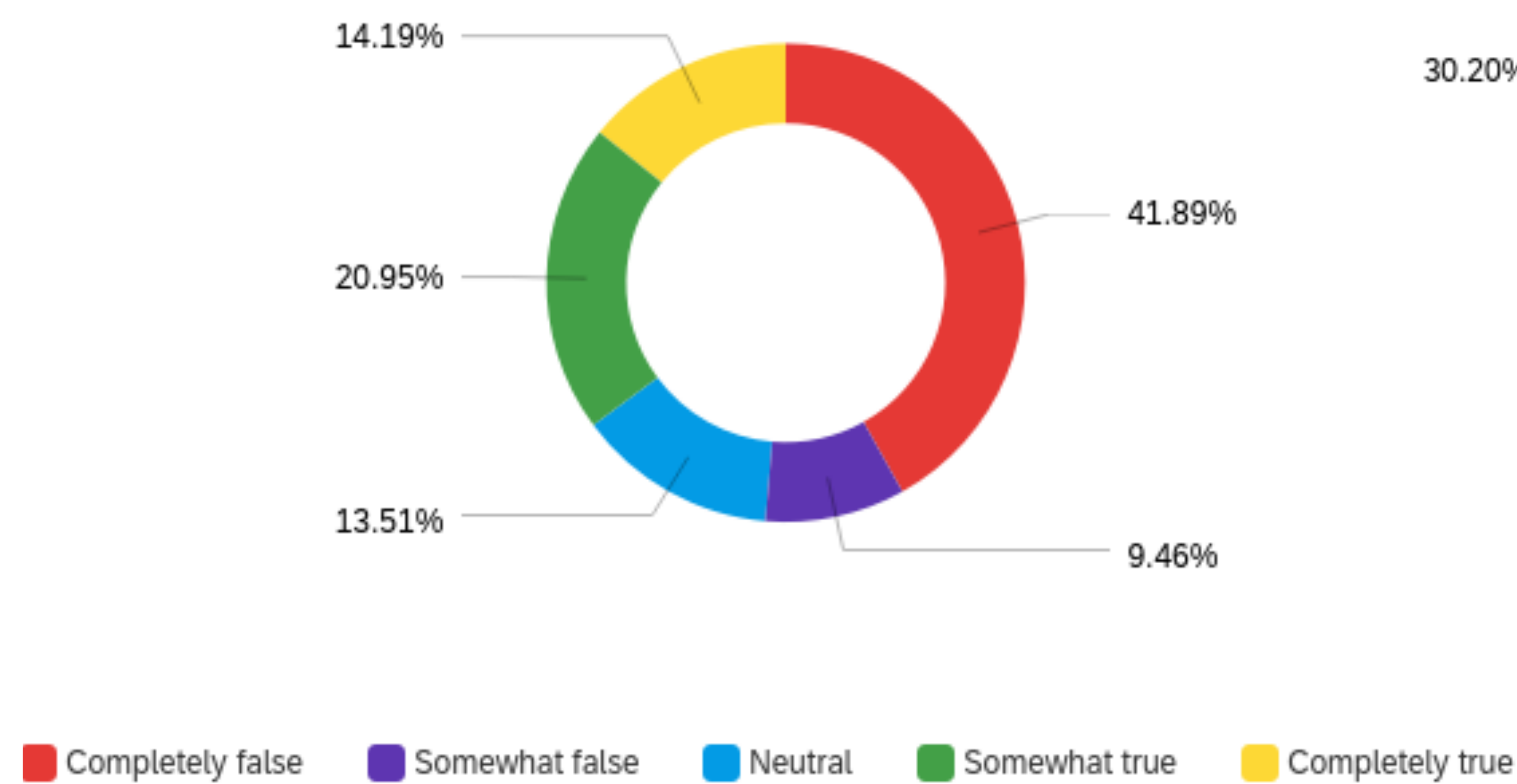
How COVID19 has Impacted Students Nutrition and Eating Habits with the Abrupt Closure of Restaurants and Campuses.

PSY 498 - Chloe Sermet

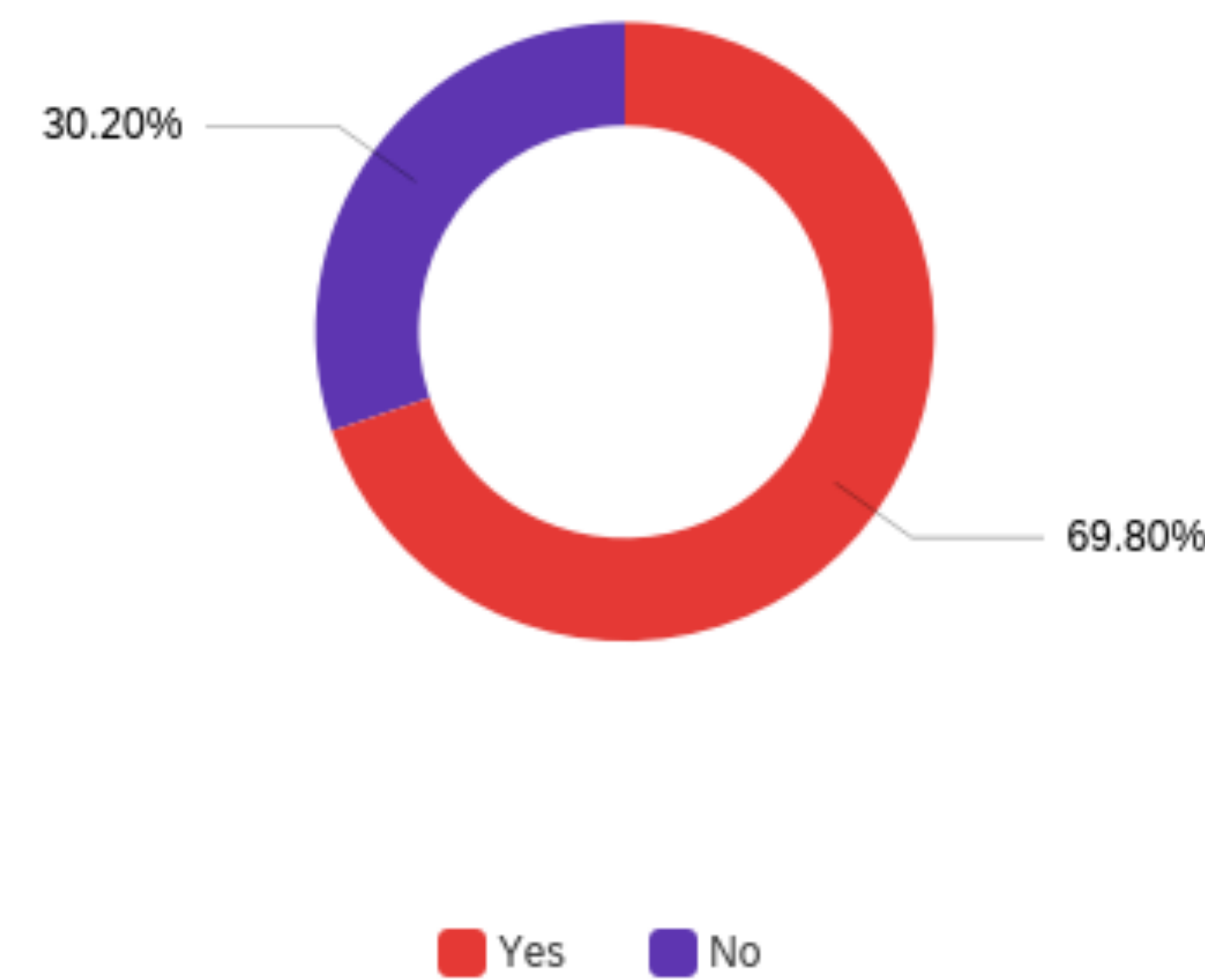
Can educating people on nutrition can lead people to making healthier food choices?



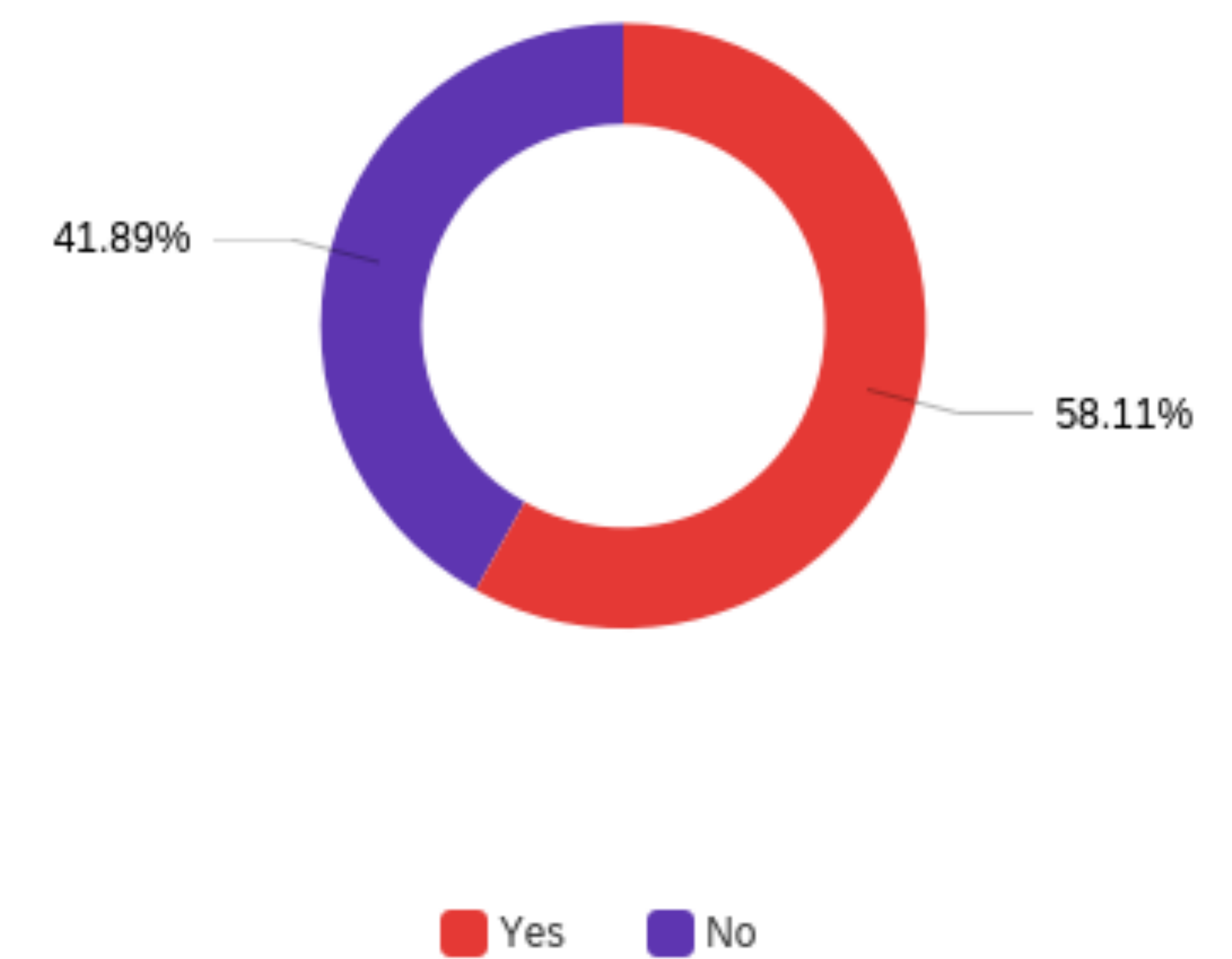
Does social pressure among friend groups influence food choices?



Does living at home improves student's nutrition?



Are people making more health conscious decision since the start of the COVID-19 pandemic?



Nutrition Minors vs. Non nutrition minors eating habits



Nutrition minors were found to have more positive/healthier eating habits than non nutrition minors.

Perception of Peer Pressure Scale vs eating habits



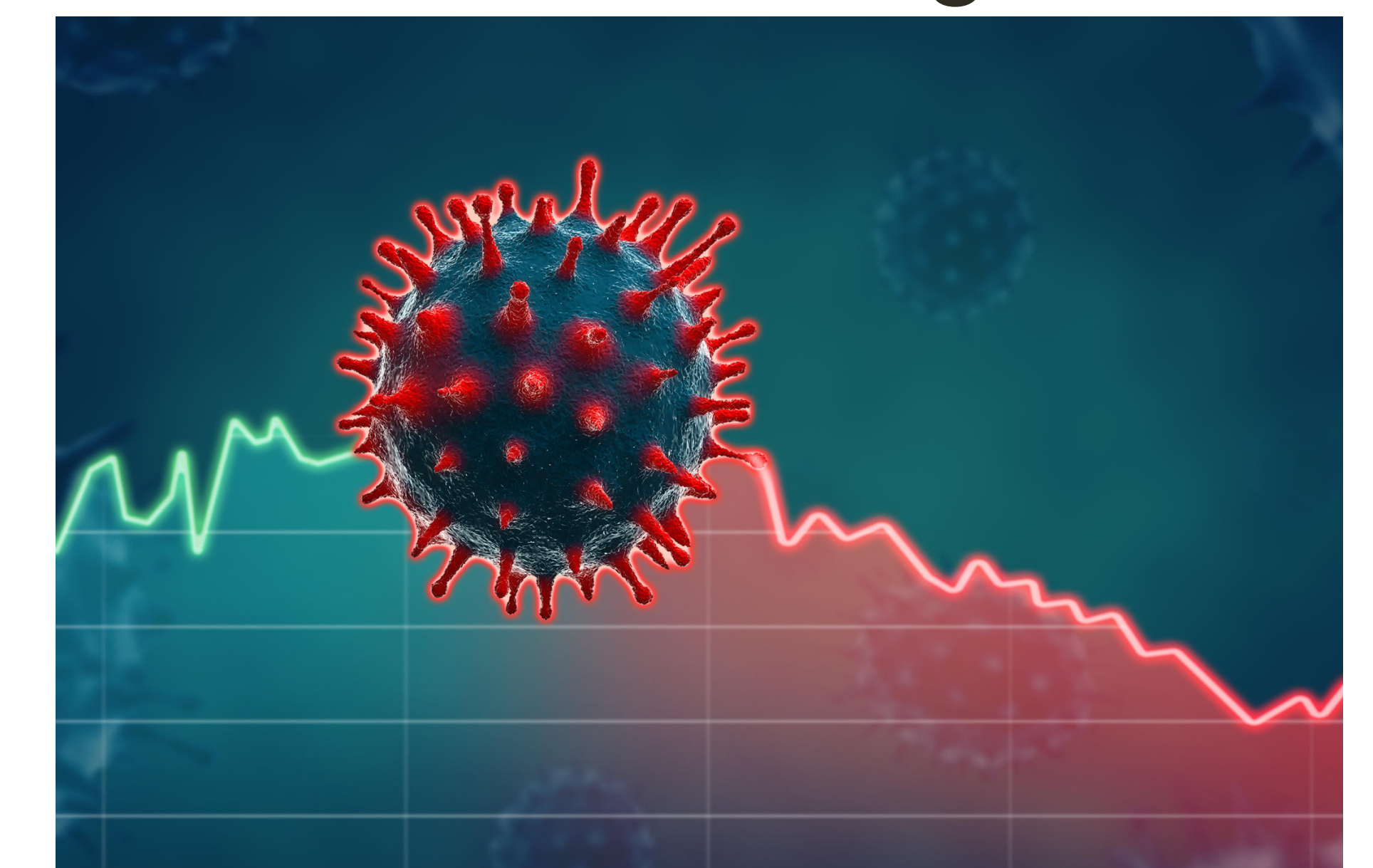
Though no significance was found, participants reported experiencing more pressure to diet and drink due to their social circle.

Student housing vs eating habits



No significance was found. Could be due to students moving back to campus mid semester.

Compared eating habits prior to the COVID-19 pandemic and during



Participants were found to make more health conscious decision since the start of the pandemic