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8-18-1918

1918-08-18, Varnie to Clara

Varnie (V.T.) T. Lindstadt

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1918-08-18, Varnie to Clara

Keywords

correspondence, postal service, August 1918, September 1918, 1918, brother, sister, family, United States, United States Army, army, engineers, infantry, France, censorship, soldiers, letterhead, health and sickness, culture, home front, transportation, trains, personal stories, architecture, draft, military draft, periodical, loneliness, souvenirs, gifts, reading, leisure, homesickness, loneliness, mobilization, anxiety, seasickness, ocean travel, travel, mobilization, weather, muddy weather, wet weather, bad weather, sight-seeing, economy, finances, expenses, money, gifts from home, food, tobacco, Christmas, holiday, American flag, flag, fear, mother, son, poetry, medical treatment, medical services, advertisement, motion pictures, cinema, sport, pamphlet, James J. Corbett

Identifier

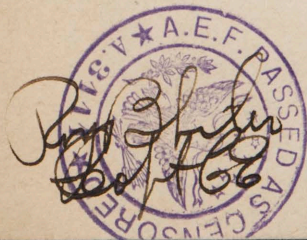
2014.160.w.r_Lindstadt_Brothers_ worldwarone_1918-08-18_048

Post W. T. Lindstadt
U. S. A.

Soldiers Mail.

Miss Anna Lindsta
1101 Arch St.

Burlington Iowa
U. S. A.





THIRTY-THIRD ENGINEERS

Aug. 18, 1918.

Dear Sis.

Just a few lines to tell you I am still somewhere in France and am enjoying good health, and I hope your folks are the same. This is Sunday and am taking things easy so I thought I would write a few lines. I want to say that this is some Country, and by the looks of things they are far behind the U. S. A. in many things.

2.

I had a ride on one of these trains and believe me it was no pleasure trip. The locomotives and cars are so small that they resemble a string of popcorn wagons. The buildings in these small towns are all built of stone and the streets are so narrow that you can jump from one building over to the other.

Well Sis to change the subject I received a letter from Bob, sent from Camp Pike and I sure was surprised to hear from him. Minnie sent me some clippings with a list of all that were going on the next draft and I suppose there isn't many left in the old Bug now.

I received a letter from Ed & Lda and Ed was saying

(3)

that he was going to try to get you folks to move out ^{if there} and stay with him. I think it would be fine if you and Ma would go there until we get back, for it wouldn't be so lonesome for you folks. Say Sis, If I get back old Iowa will suit me first straight.

Well Sis to change the subject you will find a souvenir in this letter, one for you and Ma,

I will send Elmer something pretty soon, when I can find something suitable, so let me know if you receive this.

Your Bro.

Pvt V. T. Lindstadt
Co C. 33rd Engrs.
American C. F.
A. P. O. 731.

Write soon, and I wish you would

send me some old newspapers to
read.

P. S. I hope this finds you all
well and happy.

OK.
John Mahon
1st Lt. Engr. R. C.



THIRTY-THIRD ENGINEERS

Sept. 28, 1918.

Dear Sis,

Just a few lines to tell you, I received your most welcome letter, and am answering it immediately, I am sure glad to hear from home, for it takes so long for mail to reach me here, and I wish there were more of them. I have received some letters from Bob, and he expects to be over soon, so I will try to get in touch with him.

I presume he is anxious to get Over, and I know he will have some experience, especially

(2)
if he gets Seasick, for he will
feed the fish and that is not
much fun. Well Sis, to change
the subject I am situated in
a pretty fair place, but it ~~has~~
been rather wet and muddy for
some time. This is Sunny
France but it has not lived up
to its name lately, for you seldom
see the Sun. Autumn is here, so
we can look for bad weather any
time. Tomorrow is Sunday and
I hope the weather is nice for
I suppose I will go to the
village. These villages are some
old and there ~~is~~ is a bunch
of them, and are pretty close
together. Things are pretty
expensive here and are not of
the best so I am getting to
be a miser when it comes to
holding on to my Francs.

(3)
Well Sis, to change the
subject, I don't think you
can send me anything tho
I would sure be glad to get
candy, cake or some good cigars
from home, because the stuff
might get spoiled in transit
and then I have heard that
no Xmas gifts can even be
sent so I guess were out of
luck. Well Sis, I am glad that
you have a service flag, tho I
guess there is one in every home.
Say Sis, I wish you would
let me know if Elmer will be
called, for I am anxious to
know all about it. Well if he
goes, you will just add another
star to the flag and with
four in the service it will
sure loom up. Well Sis as
I am out of news I will

proceed to close for this time
hoping you are all well.

V. Lindstadt
Co E. 33rd Engrs.
Am. Ex. 5th

P.S. Write soon and let me
know how the Burg family
is getting along.

P.S. Don't worry, for I am
in the best of health to date.

P.S. Will try to write once
a week. Give my best regards
to the Carson family and the
rest of the household.

P.S. Hope to receive more
newspaper clippings. S. J. McKean
Co E. 33rd

"I am the flag of The Service, sir;
The flag of his mother—I speak for her
Who stands by my window and waits and fears,
But hides from the others her unwept tears.

"I am the flag of the Service, sir;

PHYSICAL CONDITION CHART

Many vital things concerning health are neglected because they are regarded as commonplace. One of these is taking note of your weight. You should watch this, and weigh yourself at least twice a year. If there is any sign of not being well, you should weigh every week or so for a few weeks. Indications of bodily changes may be detected which, if known in time, may save your health. A special leaflet on this subject explaining the importance of height and relative weight will be sent to anyone interested.

Date

Name

Street Address

City State

Describe occupation fully, stating whether it is indoor or outdoor work; also number of hours you labor, etc.

Age? Height? Weight? Married

With a tape measure take the following measurements:

Chest (Normal) Chest (Expanded) Waist

Biceps (Normal) Thighs Calf of Leg

Biceps (flexed) Wrists Ankle

When the right methods are followed in building up the body much can be done to overcome stomach trouble, indigestion, constipation and other ailments. It is desirable to have a knowledge of such ills so that proper adjustments of the exercises can be made. Therefore, please state fully what your condition in this respect is and has been.

Have you ever been seriously ill? Please state when and explain nature of illness:

Have you ever been operated upon? When?

For what?

Have you any physical defects? If so, name them

State any habit detrimental to your health that you wish to overcome.....

Please explain fully your general habits as to smoking, drinking, etc.....

Have you ever had heart trouble of any kind?.....

Have you ever done any exercising?..... If so, state nature of it, whether in gymnasium, etc. If you belonged to a gym, state for what period. Go into complete detail on this subject.....

About how many miles do you walk each day?.....

Give the chief articles of your diet, naming the general menu for each meal.....

What time do you go to bed?..... What time do you get up?.....

Have you ever had kidney troubles?.....

Have you any foot troubles?.....

Are you short-winded?.....

Use this space to add any further details concerning your present condition. Go into details as fully as possible. Every bit of information that you can supply concerning yourself is of vital importance.....

This information is strictly confidential. The greater the confidence you give me as to your present physical condition, and what you desire, the more fully I shall be able to help you.

This letter may interest you.

It came---entirely unsolicited---from a pupil after he had completed the FIRST of TEN lessons. If two weeks of training under the Corbett System can help him so wonderfully, can you picture what the full 16 weeks of training will accomplish?

J. J. C.

Quincy,
Mr. Kean Co.,
Pa.

June 24th 1915

Mr. J. Corbett,
New York, N. Y.

Dear Friend Corbett:

your first lesson received and would say that I am very much pleased with it. The exercises are fine. I am surprised to find how much muscular exercise a person can get out of them. I exercise every morning when I get up for twenty minutes and the same time just before I go to bed. my bowels are

(2) regular now. But what pleases me most is this, the soreness that has been in my chest is leaving it, this soreness was caused by bronchitis and it has always been there since I got the bronchitis. I am willing to bet that this training will knock it all out. I would like to ask you would it be all right to practice these exercises at odd times during the day, I don't mean to over do them (I always relax after each exercise) But when I

(3) started in I found out that my muscles were in poor shape and I would like to get them stronger and more supple as soon as possible. I like the advice you give with the lessons I hope you will continue to give it with every lesson it is valuable & I would like to get lots of it. in closing would say I am glad I enrolled for this course of training
Very truly yours

Chas. R. Warner

When the course has been completed it is up to you-- and you alone-- to decide whether you have received in health and strength all the benefits I have indicated.

You are to be the sole judge of whether or not my course of training has wrought the changes in your condition which I promise you now.

If you feel that it has'nt--and if you have observed the simple instructions that are contained in the lessons--then write to me frankly and honestly, within two weeks after the last lesson has been mailed to you, and your money will be returned - and without protest.

I regard you as a man of honor -- and the word of a man of honor is sufficient for me! Your decision as to whether the course has benefited you or not will be final. If you are not satisfied with the results that is all that will be necessary to bring to you the refund.

Could any proposition be fairer than this? Could I show greater sincerity of purpose, or greater faith in the power of my course of training to lift you to a splendid physical condition?

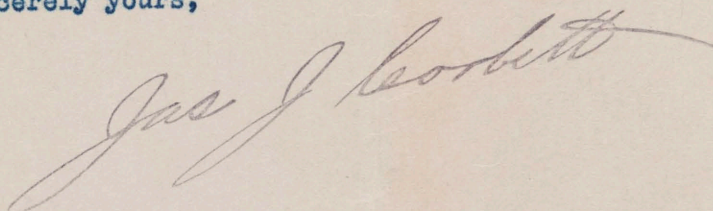
The entire cost of the course of training is \$25.--a trifling sum in comparison with the benefits that I feel supremely confident will come to you. But if they do not, then the course will not cost you a dollar.

Don't miss this splendid opportunity!

As my pupil, I should welcome from you at all times questions on any subject that may perplex you. It would be a pleasure for me to help you with my advice and my suggestions to the limit of my knowledge. I want you to confide in me - and your confidence won't be misplaced!

Let me show you how intelligently directed exercises can bring to you radiating health, wonderful vitality - superb physical manhood!

Sincerely yours,

A handwritten signature in cursive script, reading "Joe J. Corbett". The signature is written in dark ink and is positioned below the typed name "Sincerely yours,".

[LINDSTADT BROTHERS COLLECTION #37]

[Page 1 – Envelope]

Pvt V. T. Lindstadt
U.S.A.

Soldiers Mail.

[[Image: faded U.S. Army postal stamp,
obscuring mailing address, typed print
“U.S. ARMY POST [?]” circling date,
which is too faded to read]]

Miss [Clara] Lindstadt
1101 A[rch] St.
Burlington Iowa
U.S.A.

[[Image: purple censor's stamp: Print text
“A.E.F. PASSED AS CENSORED [star] A.311[1] [star]”
circling image of United States Seal. Stamp is obscured
by Censor's signature:]] R[oy?] B[?]iler
[Ce?]o lt C[?]

[Page 2 – First of 2 Letters enclosed]

[[Image: Red castle with three towers, above print text:
“THIRTY-THIRD ENGINEERS”]]

Aug. 18, 1918.


Dear Sis.

Just a few lines to
tell you I am still somewhere
in France and am enjoying
good health, and I hope you
folks are the same. This is
Sunday and am taking things
easy so I thought I would
write a few lines. I want to
say that this is some
Country, and by the looks of
things they are far behind
the U.S.A. in many things.

[Page 3 – Letter 1 of 2 continued]

2

I had a ride on one of these trains, and believe me it was no pleasure trip. The locomotives and cars are so small that they resemble a string of popcorn wagons. The buildings in these small towns are all built of stone and the streets are so narrow that you can jump from one building over to the other.

Well Sis to change the subject I received a letter from Bob, sent from Camp Pike and I sure was surprised to hear from him .

Minnie sent me some clippings with a list of all that were going on the next draft and I suppose there isn't many left in the old Burg now.

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Well Sis to change the subject you will find a souvenir *[sic]* in this letter, one for you and Ma.

I will send Elmer something pretty soon, when I can find something suitable, so let me know if you receive this.

Your Bro.

Pvt. V.T. Lindstadt

Co E 33rd Engrs.

American E.F.

A.P.O 731

Write soon, and I wish you would

[Page 4 – Letter 1 of 2 continued]

send me some old newspapers to
read.

P.S. I hope this finds you all
well and happy.

[Censor's hand:] O.K.

John L Mahn

1st

[Page 5 – Second of 2 letters enclosed]

[[Image: Red castle with three towers, above print text:
“THIRTY-THIRD ENGINEERS”]]

Sept. 28, 1918.

Dear Sis,

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more of them. I have received
some letters from Bob, and he
expects to be over soon, so I will
try to get in touch with him.

I presume he is anxious to
get Over, and I know he will
have some experience, especially

[Page 6 – Letter 2 of 2 continued]

(2)

if he gets Seasick, for he will
feed the fish and that is not
much fun. Well Sis, to change
the subject I am situated in
a pretty fair place, but it has
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some time. This is Sunny
France but it has not lived up
to its name lately, for you seldom
see the Sun. Autumn is here, so
we can look for bad weather any
time. Tomorrow is Sunday and
I hope the weather is nice for
I suppose I will go to the
village. These villages are some
old and there sure is a bunch
of them, and are pretty close
together. Things are pretty
expensive here and are not of
the best so I am getting to
be a miser when it comes to
holding on to my Francs
 .

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Well Sis, to change the
subject, I don't think you
can send me anything tho [sic]
I would sure be glad to get
candy, cake or some good
cigars
from home, because the stuff
might get spoiled in transit
and then I have heard that
no Xmas gifts can even be
sent so I guess were [sic] out of
luck. Well Sis, I am glad that
you have a service flag, tho [sic] I
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Say Sis, I wish you would
let me know if Elmer will be
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[Page 7 – Letter 2 of 2 continued]

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hoping you are all well.

V.T. Lindstadt

Co E. 33rd Engrs.

Am. E.F.

P.S. Write soon and let me

know how the Burg family

is getting along.

P.S. Don't worry, for I am

in the best of health to date.

P.S. Will try to write once

a week. Give my best regards

to the Carson family and the

rest of the household.

P.S. Hope to receive more

newspaper clippings. [Censor's hand, in green:] OK

Lt. J. M. McKear

C of E USA

[Page 8 is a Newspaper Clipping with a short war poem]

[Pages 9 and 10 are a Physical Condition Chart/Questionnaire, not filled in/completed]

[Pages 11 and 12 are an Advertisement from James J. Corbett for his Corbett System training program, containing a printed testimonial from a participant and a signed typed letter from Corbett, offering a full refund if the training program does not produce desired results upon completion]