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Bibliography for "Happiness Happens Month: How to Create A Positive Mindset for the School Year" Display

Isabella Piechota

Kalea Brown

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Leatherby Libraries

Happiness Happens Month: How to Create A Positive Mindset for the School Year
Curated by Leatherby Libraries Student Employees Isabella Piechota '25 and Kalea Brown '26

A new paradigm for global school systems: education for a long and happy life

Joel Spring

LC191 .S6865 2007

3rd FL Education Library Books

A short guide to a happy life

Anna Quindlen

BJ1581.2 .Q56 2000

2nd FL Humanities Library Books

Authentic happiness: using the new positive psychology to realize your potential for lasting fulfillment

Martin E.P. Seligman

BF575.H27 S45 2004

2nd FL Social Science Library Books

Building academic success on social and emotional learning: what does the research say?

Joseph E. Zins ... [et al.]

LB1072 .B85 2004

3rd FL Education Library Books

Dave says-- Well done!: the common guy's guide to everyday success

Dave Thomas with Ron Beyma

BJ1611.2 .T47 1994

2nd FL Humanities Library Books

Emotional well-being in educational policy and practice: interdisciplinary perspectives

Kathryn Ecclestone

LB1073 .E47 2014

3rd FL Education Library Books

Happiness explained: what human flourishing is and what we can do to promote it

Paul Anand

HB74.P8 A58 2016

3rd FL Business Library Books

The happiness paradox

Ziyad Marar

BF575.H27 M37 2003

2nd FL Social Science Library Books

Happiness: the science behind your smile

Daniel Nettle

BF575.H27 N48 2005

2nd FL Social Science Library Books

The happy human: being real in an artificially intelligent world

Gopi Kallayil

BJ1589 .K353 2018

2nd FL Humanities Library Books

Happy Student: the practical guide to functional behavior assessment and behavior intervention planning

Jenna Sage

LB1060.2 .S24 2019

3rd FL Education Library Books

Happy teachers change the world: a guide for cultivating mindfulness in education

Thich Nhat Hanh and Katherine Weare

LB1028.3 .N556 2017

3rd FL Education Library Books

The headspace guide to meditation and mindfulness: how mindfulness can change your life in ten minutes a day

Andy Puddicombe

BF637.M4 P83 2016

2nd FL Social Science Library Books

How to be happy at work: the power of purpose, hope and friendships

Annie McKee

HD6955 .M365 2017

3rd FL Business Library Books

Liberating learning: technology, politics, and the future of American education

Terry M. Moe

LB1028.3 .M625 2009

3rd FL Education Library Books

Meditation for fidgety skeptics: a 10% happier how-to book

Dan Harris and Jeff Warren with Carlye Adler

BF637.M4 H37 2017

2nd FL Social Science Library Books

Mindfulness in positive psychology: the science of meditation and wellbeing

Itai Ivtzan and Tim Lomas

BF204.6 .M564 2016

2nd FL Social Science Library Books

The nature and value of happiness

Christine Vitrano

B105.H36 V58 2014

2nd FL Humanities Library Books

The Oxford handbook of hope

Matthew W. Gallagher, Shane J. Lopez

BF204.6 .O934 2018

2nd FL Social Science Library Books

Positivity: top-notch research reveals the 3-to-1 ratio that will change your life

Barbara Fredrickson

BF204.6 .F74 2009

2nd FL Social Science Library Books

The psychology of happiness

Peter Warr

BF575.H27 W367 2019

2nd FL Social Science Library Books

Purpose-driven learning: unlocking and empowering our students' innate passion for learning

Adam Moreno

LB1072 .M655 2023

3rd FL Education Library Books

Recipes for mindfulness in your library: supporting resilience and community engagement

Madeleine Charney, Jenny Colvin, and Richard Moniz

Z711 .R327 2019

2nd FL Social Science Library Books

Reflective thinking: the method of education

H. Gordon Hullfish and Philip G. Smith

LB1062 .H8 1961

3rd FL Education Library Books

The soulful science: what economists really do and why it matters

Diane Coyle

HB74.P8 C695 2010

3rd FL Business Library Books

Teaching what matters: activating happiness, kindness, and altruism

Steve A. Banno, Jr.

LB1072 .B36 2022

3rd FL Education Library Books

Tough times never last, but tough people do!

Robert H. Schuller

BJ1611.2 .S33 1983

2nd FL Humanities Library Books

Well-being: happiness in a worthwhile life

Neera K. Badhwar

BJ1595 .B235 2014

2nd FL Humanities Library Books

Electronic Books:

Happiness-Concept, Measurement and Promotion

Ng, Yew-Kwang

E-book

Major in happiness: debunking the college major fallacies

Michael Edmondson

E-book