Role of Protein Phosphatase-2A in Regulating Monocyte Activation by Soluble and Crystalline Uric Acid in Gout

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Role of Protein Phosphatase-2A in Regulating Monocyte Activation by Soluble and Crystalline Uric Acid in Gout

A Thesis by

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Submitted in partial fulfillment of the requirements for the degree of

Master of Science in Pharmaceutical Sciences

May 2020

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May 2020
Role of Protein Phosphatase-2A in Regulating Monocyte Activation by Soluble and Crystalline Uric Acid in Gout

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Gout is a chronic inflammatory disease caused by the phagocytosis of monosodium urate monohydrate (MSU) crystals by monocytes/macrophages resulting in downstream expression and production of interleukin-1 beta (IL-1β) and chemokines. The activation of monocytes by MSU crystals involves the priming of monocytes with danger signals e.g. lipopolysaccharide (LPS) or soluble uric acid (UA), crystal phagocytosis and subsequent NLRP3 inflammasome activation and conversion of pro-IL-1β to active IL-1β. Protein-phosphatase-2A (PP2A) is a serine/threonine phosphatase that plays an important role in cell growth and inflammation. The prodrug Fingolimod (FTY720) and its phosphorylated active metabolite (p-FTY720) activate intracellular PP2A. We hypothesized that monocyte activation by MSU crystals is mediated by a reduction in intracellular PP2A activity and restoring PP2A activity reduces MSU-induced inflammation in monocytes. We aimed to investigate the role of PP2A in regulating monocyte priming and activation by MSU crystals and evaluate whether intracellular PP2A activation exerts an anti-inflammatory effect in MSU-stimulated monocytes.

Human THP-1 monocytes were primed with a combination of UA and LPS. MSU stimulation was performed for 4-6 hours and MSU crystal phagocytosis, PP2A activity, IL-1β expression and production were studied in primed and unprimed monocytes. We performed PP2A knockdown in THP-1 monocytes and evaluated the impact of PP2A attenuation on IL-1β
expression and production in unprimed THP-1 monocytes. Time-dependent intracellular PP2A activation in response to FTY720 or p-FTY720 treatments was studied and we evaluated the impact of p-FTY720 treatment on IL-1β expression and production in MSU stimulated human monocytes.

Priming with UA+LPS increased MSU phagocytosis and IL-1β expression and production in monocytes. This effect was associated with a reduction in intracellular PP2A activity. PP2A knockdown increased IL-1β expression and production. FTY720 and p-FTY720 increased intracellular PP2A activity in monocytes. p-FTY720 treatment reduced IL-1β expression and production in UA+LPS pre-treated monocytes following MSU stimulation mediated by an increase in PP2A activity with no alteration in PP2A gene expression.

In summary, UA and LPS enhanced MSU phagocytosis, expression and production of IL-1β via a reduction in PP2A activity. Pharmacological restoration of PP2A activity exerted an anti-inflammatory effect. We conclude that PP2A is a novel therapeutic target for gout treatment.
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<tr>
<td>ARDS</td>
<td>Acute Respiratory Distress Syndrome</td>
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<tr>
<td>ASC</td>
<td>Apoptosis-associated speck-like protein containing a caspase recruitment domain</td>
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<tr>
<td>ATP</td>
<td>Adenosine triphosphate</td>
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MSU     Monosodium urate crystals
MyD88   Myeloid differentiation 88
NADP    Nicotinamide adenine dinucleotide phosphate
NF-κB   Nuclear factor kappa-light-chain-enhancer of activated B cells
NLRP3   Nucleotide-binding domain (NOD)-like receptor protein 3
NSAIDs  Non-steroidal anti-inflammatory drugs
PAMPs   Pathogen associated molecular patterns
PP1     Protein phosphatase 1
PP2A    Protein phosphatase 2A
PPRs    Pattern recognition receptors
PSPs    Phosphoprotein phosphatase
ROS     Reactive oxygen species
S1P     Sphingosine-1-phosphate
TAK     TGF-β-activated kinase
TGF-β   Transforming growth factor β
TIR     Toll/interleukin receptor
TLRs  Toll-like receptor

TNF-α  Tumor necrosis factor α

TOLLIP  Toll-interacting protein

TRAF6  TNF-α receptor-associated factor 6
1. Introduction

1.1. Background and significance

Gout is a prevalent inflammatory arthritis that affects the articular joints (mainly the metatarsophalangeal and knee joints) owing to the deposition of insoluble uric acid crystals in soft tissues causing pain and inflammation (1). In the early history of medical writing, it appeared in the medical records and constituted a challenge to physicians. Management of gout symptoms has improved with the availability of anti-inflammatory agents and urate lowering therapy, but a significant proportion of gout patients still have suboptimal outcomes (2). The overall prevalence of gout in general population is 1-4% and it is more common in men (3-6%) than women (1-2%). In populations above 80 years old, the prevalence rises to 10% in men and 6% in woman. Gout affects 2.68 in 1,000 persons annually (3). The incidence of gout is constantly increasing worldwide and about 3-10% of gout patients are not adequately managed causing treatment failure gout (refractory gout) which can’t be controlled by conventional therapies (4,5).

The hallmark of gout is the precipitation of monosodium urate monohydrate (MSU) crystals contributed to by an increase in serum uric acid levels (1). Gout flares are characterized by self-limiting acute inflammation that lasts 2-3 days (6) interspersed between the low-grade inflammatory condition that is chronic gout (7). Hyperuricemia is defined as a uric acid blood level above 6.5 mg/dL. While hyperuricemia is a risk factor for gout, the relationship between hyperuricemia and gout is more complex. Many individuals have hyperuricemia
without gout or even formation of urate crystals while approximately 5% of patients with hyperuricemia (serum uric acid above 9 mg/dL) advance to gout (8).

Current acute gout treatment modalities include colchicine, corticosteroids and non-steroidal anti-inflammatory drugs (NSAIDs). Colchicine prevents the activation of macrophages and subsequently the NLRP3 inflammasome. It also inhibits the production of chemotactic factors, MCP-1 and IL-8. However, the onset of colchicine’s clinical effect is slow and is associated with significant toxicities which limits its use in acute flares of gout (9,10). The most common side effects of colchicine are gastrointestinal symptoms such as diarrhea reported in 23-77% of patients. Aplastic anemia has also been associated with exposure to colchicine. The elderly and patients with renal or hepatic dysfunctions are at increased risk of developing these toxicities. Colchicine has clinically significant drug-drug interactions with CYP3A4 inhibitors such as erythromycin. NSAIDs are used in acute gout flares owing to their inhibition of cyclooxygenase-2 (COX-2) and downstream production of prostaglandins. However, they have a number of side effects. Gastrointestinal side effects could be minor as dyspepsia or severe as ulcers and perforations occurring in about 10% of patients. They also reduced kidney function in 1-5% of patients. They are associated with increased risk of cardiac events especially in patients with cardiovascular diseases. Other treatments include corticosteroids, which cause dysphoria, mood disorders, hyperglycemia, immune suppression and fluid retention. This makes the treatment of acute gout in patients with diabetes and hypertension with glucocorticoids challenging (11). The use of biologics like IL-1β receptor antagonist is still being evaluated. Notably, none of the current
treatments provide a gout cure. Therefore, optimal gout management remains as an unmet clinical need.

1.2. Gout pathogenesis is a multi-step process initiated by tissue-resident macrophages.

In synovial joints, the synovial membrane is composed of two layers; the first layer is thin and highly cellular containing synovial macrophages and synovial fibroblasts. Synovial fibroblasts produce hyaluronic acid and lubricin to establish an extracellular matrix to support the synovium. Macrophages are low in number in healthy synovial joints. When hyperuricemia leads to precipitation of MSU crystals in joints, MSU crystals are phagocytosed by macrophages resulting in the production of proinflammatory cytokines, which enhances synovial recruitment of additional immune cells leading to inflammation (12). The effect of precipitated MSU crystals on the macrophages composes the first trigger of the inflammasome. The cellular recognition of MSU crystals occurs through toll-like receptors (TLRs), especially TLR2 and TLR4 (13). This leads to the production and secretion of pro-inflammatory cytokine, interleukin-1 beta (IL-1β), which recruits more inflammatory cells and amplifies the inflammatory response (14). MSU crystals mediate their effect after being phagocytosed by stimulation of nicotinamide adenine dinucleotide phosphate (NADP) oxidase leading to the generation of reactive oxygen species (ROS) and activation of nucleotide-binding domain (NOD)-like receptor protein 3 (NLRP3) inflammasome (15).

The innate immune system produces an initial rapid inflammatory response in response to invading pathogens. This occurs when innate immune receptors recognize pathogen-related products as an antigen in order to subsequently eliminate those pathogens through their
engulfment or production of inflammatory cytokines. Innate immune receptors are also known as pattern recognition receptors (PRRs) and they are present on cell surface and in cytoplasm. Toll-like receptors (TLRs) are an important group of PRRs. TLRs are located on immune cells surfaces and play an essential role in mediating the host’s defense against pathogens. In humans, TLRs are activated by different Pathogen-Associated Molecular Patterns (PAMPs) including lipopolysaccharide as is the case with TLR4 and lipopeptide (Pam3CSK4) as is the case with TLR2. TLRs are integral membrane receptors (type 1) with an N-terminal ligand recognition exterior domain, one transmembrane helix and a C-terminal cytoplasmic signaling domain also known as toll/interleukin receptor domain figure 1(16).

![Figure 1](structure.png)

**Figure 1** Structure of toll-like receptors (TLRs). The general structure of TLRs include: 1) An N-terminal exterior domain for ligand recognition 2) one transmembrane domain 3) A C-terminal intracellular signaling domain (similar to toll/interleukin domain) (11).

Signaling of TLRs starts with the detection and binding of PAMPs by the extracellular domain. When TLR is bound, Myeloid Differentiation 88 (MyD88) recruits IL-1R associated Kinase Protein (IRAK-1), IRAK-4 and TNF-α Receptor-Associated Factor 6 (TRAF6) to make a receptor complex. IRAK-1 causes ubiquitination of TRAF6 and
mediates activation of TGF-β-activated kinase 1 (TAK1) which is needed for NF-κB and Mitogen-Activated Protein Kinase (MAPK) activation. Activated TAK1 results in phosphorylation of IκB Kinase (IKK) and MAPK Kinase 6 resulting in degradation of the NF-κB inhibitor, IκBα. This leaves NF-κB free to translocate to the nucleus so it can regulate gene expression. NF-κB is composed of p50 and p65 subunit proteins, which are held in the cytoplasm by the inhibitory IκBα subunit. NF-κB is stimulated by many inflammatory signals including cytokines, MSU crystals and the inflammatory-stimuli induced phosphorylation-dependent degradation of IκBα that allows the translocation of NF-κB to the nucleus to mediate inflammation and decrease apoptosis. The TLR signaling also includes MAPKs which are three types: ERK, JNK and p38 which can be activated separately or together. ERK and p38 are essential for production of pro-inflammatory cytokines as TNF-α and IL-1 (figure 2) (17,18). Since phosphorylation is a critical step in activation of TLR-NF-κB pathway for the activation of NF-κB, phagocytosis and recognition of MSU crystals by the TLR receptors leading to pathway protein phosphorylation could be due to the suppression of the activity of intracellular protein phosphatase 2A (PP2A).

Figure 2 Toll-like Receptor (TLR) Signaling Pathway. The signaling pathway is initiated by binding of ligands to TLR receptor resulting in activation of MyD88 and recruitment of IRAK and TRAF6 to make a receptor complex. This receptor complex phosphorylates IKK. IKK degrades inhibitory IκB releasing NF-κB. Active NF-κB is translocated to the nucleus causing transcription of proinflammatory cytokines (17).
Pathogenesis of gout is a two-step process that begins with the NLRP3 inflammasome which is a multi-protein complex composed of NLR protein, adapter ASC (apoptosis-associated speck-like protein containing a caspase recruitment domain) and pro-caspase-1. Activation of inflammasome occurs initially through stimulation of TLR/MyD88 and NF-κB pathway by MSU crystals leading to transcription of pro-IL-1β gene, while the second step is the assembly of the multi-protein complex composed of NLR protein, ASC and pro—caspase-1 following activation by pathogen associated molecular patterns (PAMPs) and/or damage associated molecular patterns (DAMPs). Subsequently, caspase-1 cleaves pro-IL-1β to mature IL-1β, which is biologically active and is released extracellularly. The activation pathway of macrophages by MSU crystals is shown in figure 3. In addition, MSU cause secretion of ATP and activation of P2X7 receptor causing efflux of potassium extracellularly which contributes to inflammasome activation (19). TLR4 plays an important role in gout as IL-1β production decreased significantly in acute gouty arthritis patients after blockage of the receptor using anti-TLR4 antibody (20). Priming of the TLR4 receptor may occur through the effect of PAMPs, DAMPs, lipopolysaccharide (LPS) or uric acid (in soluble or crystalline form).

Uric acid (urate) crystals deposited in the joint cavity are phagocytosed by synovial macrophages leading to production of pro-inflammatory cytokines such as IL-1β and TNF-α. While well-differentiated macrophages can engulf MSU crystals without initiating an inflammatory response, less-differentiated monocytes produce increased levels of inflammatory cytokines: IL-1β, TNF-α, IL-6 and IL-8. An acute gout attack is of a self-limiting episode as it resolves from hours to days after macrophages uptake and remove of crystals hence reducing macrophage activation and release of chemokines. Furthermore, macrophages remove apoptotic cell bodies,
produce TGF-β and removes IL-1 to stop inflammation. Terminating acute attack includes production of anti-inflammatory cytokines, breakdown of pro-inflammatory cytokines, reduction of expression of receptors of inflammatory cytokines on leukocytes (2,20).

**Figure 3** Production of IL-β following NLRP3 Activation in response to monosodium urate crystal challenge. The steps of the pathogenesis are summarized as: 1) Phagocytosis of MSU and stimulation of NADPH oxidase leading to production of ROS and activation of NLRP3 inflammasome. 2) Secretion of ATP to interact with purinergic receptor P2X7 on pannexin-1 channels leading to potassium efflux and lower intracellular potassium that can also lead to NLRP3 activation. 3) Interaction of MSU with TLRs and activation of MyD88 and NF-κB pathway leading to transcription pro-IL-1β gene. 4) Finally, caspase-1 cleaves pro-IL-1β to IL-1β, which is released extracellularly (19).

IL-1 is a large family of cytokines (cell signaling proteins) that play a role in innate immune responses for defense against pathogens. They increase the expression of adhesion factors on immune cells to increase their efflux to the site of inflammation. IL-1β is synthesized through
NF-κB transcription in the nucleus resulting in the production of the biologically inactive pro-IL-1β polypeptide. Post-translational modification by caspase-1 cleaves pro-IL-1β to generate the mature pro-inflammatory cytokine IL-1β which is released extracellularly to bind to interleukin 1 receptor type 1 (IL-1R1) with the help of the co-receptor IL-1 receptor accessory protein (IL-1RAP) to make a trimeric complex. This results in recruitment of MyD88, Toll-interacting protein (TOLLIP) and IRAK-4. A stable complex is created between IL-1β, IL-1R1, IL-1RAP, MyD88 and IRAK-4. This results in a downstream cascade of phosphorylation steps which result in NF-κB activation and release of the transcription factors inducing mRNA expression of hundreds of inflammatory cytokines including themselves through a positive feedback loop (figure 4) (21,22).

1.3. The proinflammatory mechanism of soluble uric acid.

Uric acid is recognized as a disease-associated molecular pattern (DAMP) released from dying cells. The mechanism by which soluble uric acid (UA) causes inflammation is still debatable. In some perspectives, uric acid acts as an antioxidant. In others, it is a pro-oxidant molecule, which

![Figure 4](image-url) Interleukin-1 beta (IL-1β) signaling pathway. Binding of IL-1β to its receptor activates the MAPK and ERK pathways resulting in IkB degradation and NF-κB nuclear translocation (17).
acts as a DAMP on TLRs activating the NF-κB signaling pathway. Also, it reduces the availability of nitric oxide and increases the production of reactive oxygen species, induces chemotaxis and stimulates NF-κB and MAPK pathways. Hyperuricemia (without MSU deposition) was highly associated with disorders such as hypertension and kidney disease which share the common factor of a ‘redox imbalance’ (16). A popular theory posits that UA causes state changes in cellular redox and increases the production of ROS leading to NLRP3 activation and eventually production of IL-1β. In one study, UA was also found to be responsible for increasing the production of IL-1β through the NLRP3 and MyD88 pathways (18). In that study, bone marrow derived macrophages were incubated in the presence of UA alone or in combination with LPS for 24 hours. It was observed that the UA+LPS treatment induced higher IL-1β expression compared to control cells and cells stimulated with UA or LPS alone (23).

1.4. Protein phosphatase-2A (PP2A) plays a key role in regulating intracellular inflammatory signaling pathways.

In cells, one third of proteins’ functions are regulated by phosphorylation and that leads to control of various cell functions. Based upon the physiological requirements of the cell, proteins shift between phosphorylated and dephosphorylated states using protein kinases and phosphatases (24). The family of protein phosphatases is divided mainly into two groups named as protein serine/threonine phosphatases (PSPs) and phosphotyrosine phosphatase (PTPs). PSPs include protein phosphatase-1 (PP1) and protein phosphatase 2A (PP2A) (25,26). PP2A was found to be involved in critical processes regarding cellular growth, cell cycle, DNA replication, transcription and translation, cell proliferation, apoptosis, signal transduction, cell mobility and cytoskeleton dynamics which made it a major target for therapy in cancer, heart,
neurodegenerative diseases and diabetes research (25,26). PP2A is a complex composed of three subunits: scaffold subunit (A), catalytic subunit (C) which can exist independently forming an active core dimer and a variable regulatory subunit (B) making a heterotrimer complex (27). Activation of PP2A leads to initiation of multiple signaling pathways leading to apoptosis in cancer, modulation of cell growth and survival. (figure 5) (28). One study found that serum levels of proinflammatory cytokines TNF-α and IL-6 increased in PP2A knock out mice following challenge with LPS (29). This was associated with increased phosphorylation in the MAPK pathways and the NF-κB pathway in bone marrow derived macrophages from knock out mice. Authors concluded that PP2A played an essential role in regulation of inflammation in the site of a septic insult through its targeting of MyD88 and Toll/IL-1R domain-containing adaptor (29). Taken all evidence together, it is plausible to expect that activation of PP2A could lead to reduction of inflammation in gout.

**Figure 5** Regulation of protein phosphatase-2A (PP2A) and its associated signaling pathways. PP2A is composed of three subunits: structural, regulatory and catalytic. PP2A regulates multiple pathways including p53, Wnt and AKT pathways (28).
1.5. Clinically-available PP2A activators show efficacy in models of inflammation.

Fingolimod (FTY720) is an oral treatment for multiple sclerosis. Fingolimod is a prodrug that is converted to the active metabolite Fingolimod phosphate (FTY720-P) by the enzyme sphingosine kinase (figure 6). FTY720-P looks like the natural ligand sphingosine-1-phosphate (S1P), which is a lipid mediator present extracellularly to S1P cognate G protein-coupled receptors. S1P subtype 1 (S1P₁) regulates the lymphocytes migration to circulation from lymphoid tissues and hence plays a major role in immunity. When FTY720-P binds to S1P₁ with high affinity, it induces the persistent internalization of the receptor and thus antagonizes S1P-driven migration of lymphocytes from lymphoid tissues. (30). FTY720 was found to block the PP2A inhibitor protein SET and thereby enhancing the activity of PP2A figure 7 (31,32). In one study, activation of PP2A with FTY720 (2.5 µM) has either limited or prevented tissue injury and inflammation in injury models of acute respiratory distress syndrome (ARDS) leading to decreased production of the chemokine interleukin-8 (IL-8) (33,34). Therefore, FTY720-P can be used as a research tool to examine
whether activating PP2A leads to decreased inflammation in gout as illustrated by decreased production of IL-1β by MSU challenged monocytes/macrophages (35).

2. Hypothesis

UA and LPS prime peripheral blood monocytes resulting in enhancement of MSU crystal phagocytosis and downstream production of inflammatory cytokines and PP2A is a critical regulator of this priming effect.

2.1. Aim 1:

To examine the activating effect of UA and LPS on MSU crystal phagocytosis and downstream activation of NLRP3 inflammasome, NF-κB and IL-1β expression and production in THP-1 monocytes and test whether this effect is associated with a reduction in intracellular PP2A activity.

2.2. Aim 2:

To study the role of PP2A in regulating crystal-induced inflammation in monocytes and evaluate the utility of a PP2A-activating drug, fingolimod phosphate (FTY720-P), in providing an anti-inflammatory activity in MSU stimulated monocytes.
3. Materials and Methods

**Human monocytes (THP-1)**

Human monocyte cells (THP-1, ATCC, USA) were cultured in 10% FBS, 1% penicillin/streptomycin RPMI-1640 media and 2-Mercaptoethanol as per ATCC recommendation in T75 flask to a density of $1.5 \times 10^6$ cells/mL in 37°C and 5% CO₂.

3.1. Reagents

**Monosodium urate monohydrate (MSU) crystals**

Pyrogen-free MSU crystals (Invivogen, USA) were resuspended with sterile phosphate buffered saline (PBS) and maintained at 4°C.

**Fingolimod hydrochloride (FTY720)**

Fingolimod hydrochloride (5 mg; Cayman Chemical; catalog # 10006292, USA) were reconstituted with 1,000µL dimethyl sulfoxide (DMSO) to make a stock solution (14.5 mM) and stored at -20°C. At the time of experiment, an intermediate concentration of 500µM was made by adding 34.5µL from the stock solution to 965.5µL DMSO. Subsequently, 5µL from the intermediate stock solution were added to each 1,000µl media in wells to make final concentration of fingolimod 2.5µM.

**Fingolimod phosphate (FTY720-P)**

Fingolimod phosphate (0.59 mg; Cayman Chemical; catalog # 10008639, USA) was reconstituted with 10mL dimethyl sulfoxide (DMSO) to make a stock concentration (152.2µM)
and stored at -20°C. To make a final concentration of 2.5µM, 16µL of reconstituted solution were added to each 1,000µL media in well.

**Uric Acid (UA)**

Uric acid (U2625-25G, Sigma-Aldrich, USA) was solubilized as a concentration of 50 mg/dL in warm serum-free RPMI 1640 media.

3.2. Phagocytosis of FITC labeled fluorescent beads in primed monocytes

Monocytes were seeded in 24-well plate (0.6x10⁶ cells/well) and were primed using 50mg/dL uric acid and 10ng/ml LPS for 24 hours (36). Latex beads-rabbit IgG-FITC complex (7.5µl/well; Phagocytosis Assay Kit, Cayman Chemicals) were added directly into respective wells and incubated for 4 hours at 37°C. Our experimental groups included: control unprimed monocytes (± latex beads), and UA, LPS, UA and LPS-primed monocytes (+ latex beads). To assess phagocytosis, cells were centrifuged for five minutes at 400xg, then they were resuspended in 300µL assay buffer. The proportion of monocytes that phagocytized fluorescent beads was assessed based on increased side scatter properties using BD FACSVerse Flow Cytometer.

3.3. Phagocytosis of MSU crystals by primed monocytes

Monocytes were seeded in 6-well plate (0.5x10⁶ cells/well) as control (± MSU), and UA, LPS, UA and LPS (+ MSU). Cells were primed using 50mg/dL uric acid and 10ng/ml LPS for 24 hours (36). This was followed by 4 hours treatment with MSU crystals (100µg/mL). Cells were collected, centrifuged for 3,000 rpm for five minutes. The supernatant was discarded and cells were suspended in 300µL PBS. Indirect assessment of MSU phagocytosis was determined by
analyzing the change in cell side-scatter distribution due to crystal phagocytosis using a flow cytometer (BD FACSVerse). Two regions of interest were identified; P1 representing the monocyte population in the absence of MSU exposure and P2 representing the monocyte population with increased side scatter due to MSU phagocytosis. MSU-positive cells were calculated as the ratio of cells in the P2 region to the sum of cells in the P1 and P2 regions.

3.4. IL-1β gene expression in primed monocytes

A total of 500,000 monocytes were plated per well in a 6-well plate. Cells were primed with UA and LPS for 24 hours at 37°C as described above. Cells were treated with MSU crystals (100µg/mL) for 6 hours. After incubation, cells were collected, centrifuged at 3,000 rpm for 5 minutes to be pelleted. The supernatant was collected and stored at -20°C while total RNA was extracted using trizol reagent (Thermo Fisher Scientific, USA) and mRNA concentrations were determined using Nanodrop One Microvolume UV-Vis spectrophotometer (Thermo Scientific, USA). cDNA was synthesized using iScript™ cDNA Synthesis Kit (Biorad, USA). qRT-PCR was done by Quantstudio™ 3 Real-Time PCR System (Thermo Fisher Scientific, USA) with TaqMan® Fast Advanced Master Mix (Life Technologies, USA). The probes were labeled with 6-carboxyfluorescein (6-FAM). The primers used in PCR are listed in Table 1. The cycle threshold (Ct) values of the gene of interest were normalized with the value of GAPDH of the same sample, and the relative expression of each gene was analyzed using the 2^{-ΔΔCt} method (37).

<table>
<thead>
<tr>
<th>Gene</th>
<th>Forward (5’ to 3’)</th>
<th>Reverse (5’ to 3’)</th>
</tr>
</thead>
<tbody>
<tr>
<td>GAPDH</td>
<td>ACTGGCGTCTTCCACCACCAT</td>
<td>AAGGCCATGCCAGTGAGCTT</td>
</tr>
<tr>
<td>IL-1β</td>
<td>TTGTTGCTCCATATCCTGTCC</td>
<td>CACATGGGATAACGAGGCTT</td>
</tr>
<tr>
<td>PP2Ac</td>
<td>TCGTTGTGGTACCAAGCTG</td>
<td>AACATGTTGGCTCGCTCTAC</td>
</tr>
</tbody>
</table>

Table 1 Primers used for gene amplification
3.5. IL-1β production by primed THP-1 monocytes

Monocytes (500,000 cells per well) were seeded in 6-well plates and primed with UA and LPS for 24 hours as described above. Then, they were stimulated with MSU (100 μg/mL) for 6 hours. Media supernatants were collected and IL-1β concentration was measured using Human IL-1beta/IL-1F2 Duoset ELISA kit (R&D Systems; DY201-05, USA).

3.6. PP2A knockdown using protein phosphatase-2A catalytic subunit (PP2Ac) siRNA

Monocytes (1.0x10^6 cells/well) were seeded in 6 well plates using Opti-MEM™ Reduced Serum Medium (Thermo Fisher; 31985088, USA) and labeled as control, PP2A siRNA and negative control. PP2CA siRNA (Thermo fisher Scientific; AM16708, USA) and Silencer™ Negative Control siRNA (Thermo fisher Scientific; AM4611, USA) were reconstituted and added to their respective wells at concentration of 3μM with 9μl of Lipofectamine™ 3000 Transfection Reagent (Invitrogen; L3000001, USA) in a total volume of 2500μl/well and transfection was left for 24 hours at 37°C. PP2A knockdown was confirmed using gene expression. First, total RNA was extracted using trizol reagent (Thermo Fisher Scientific, USA) and mRNA concentrations were determined using Nanodrop One Microvolume UV-Vis spectrophotometer (Thermo Scientific, USA). cDNA synthesis and qPCR assays were performed as described above. The probes were labeled with 6-carboxyfluorescein (6-FAM). The primers used in PCR are listed in Table 1. The cycle threshold (Ct) values of the gene of interest were normalized with the value of GAPDH of the same sample, and the relative expression of each gene was analyzed using the 2^ΔΔCt method. The relationship between PP2A expression and PP2A activity was established by measuring PP2A activity following PP2A knockdown. After 24 transfecting THP-1 cells for 24 hours, transfected cells were collected,
centrifuged at 3,000 rpm for five minutes, pelleted and lysed using RIPA Buffer with protease inhibitor and then re-centrifuged at 14,000 rpm for ten minutes. The protein isolate was collected and stored at -80°C. Protein levels were measured using Pierce™ BCA Protein Assay Kit (Thermo Fisher Scientific; 23225, USA). A total of 5 μL of each sample was mixed with 195μL RIPA buffer and protease inhibitor in microcentrifuge tubes then 75μL were added in 96-well plates in duplicate wells. Working reagent (75μl) were added to each well and mixed on shaker for 30 seconds then plate was covered and incubated at 37°C for 30 minutes. Absorbance was measured at 562nm. After determining protein levels, 5μg/well protein was used to measure PP2A activity using the PP2A immunoprecipitation kit (Sigma Aldrich, USA). Protein samples were added to 4μL anti-PP2A C subunit and 30μL protein A agarose slurry then the volume was brought to 120μL with the assay buffer. Samples were incubated on shaker for 3 hours at 4°C. Agarose beads were then washed 3 times with 400μL 1X TBS and once with 200μl assay buffer. A phosphopeptide substrate (40μL) were added to the beads and 20μL assay buffer. The mixture was incubated for ten minutes at 30°C on a shaking incubator then centrifuged and 25μL of supernatants were added to each well in 96-well plate in duplicates. For color development, 100μL of malachite green phosphate detection solution were added to each well. Absorbance was measured at 650nm.

3.7. IL-1β expression and production in PP2Ac siRNA-treated THP-1 monocytes following incubation with MSU crystals

Monocytes (1.0x10^6 cells/well) were seeded in 6 well plates using Opti-MEM™ Reduced Serum Medium (Thermo Fisher; 31985088, USA) and labeled as control (±MSU), PP2A siRNA and negative control (+MSU). PP2CA siRNA (Thermo fisher Scientific; AM16708, USA) and
Silencer™ Negative Control siRNA (Thermo fisher Scientific; AM4611, USA) were reconstituted and added to their respective wells at concentration of 3μM with 9μL of Lipofectamine™ 3000 Transfection Reagent (Invitrogen; L3000001, USA) in a total volume of 2,500μL/well and transfection was left for 24 hours at 37°C. MSU crystals (100μg/mL) were then added to their respective wells. Cells were collected, centrifuged, pelleted and media supernatants were collected and IL-1β gene expression and media concentrations were determined as described above.

3.8. Impact of FTY720 and FTY720-P treatments on intracellular PP2A activity in human THP-1 monocytes

THP-1 monocytes (0.4x10⁶ cells per well) were seeded in 6 well plates. FTY720 (2.5μM) and FTY720-P (2.5μM) were added and cells were collected at 1 hour, 3 hours, 6 hours and 24 hours. PP2A immunoprecipitation and PP2A activities were determined as described above.

3.9. Impact of FTY720-P treatment on IL-1β and PP2A expression and IL-1β production in MSU-treated primed THP-1 macrophages

A total of 500,000 THP-1 monocytes were plated per well in 6-well plates. Monocytes were primed with UA and LPS for 24 hours at 37°C as described above. Cells were treated with MSU crystals (100μg/mL) for 6 hours with and without pre-incubation with FTY720-P (3 hours; 2.5μM). After incubation, cells were collected, centrifuged at 3,000 rpm for 5 minutes to be pelleted. Supernatants were collected and stored at -20°C. RNA isolation, cDNA synthesis and qPCR were performed as described above. Genes of interest included PP2Ac and IL-1β using
GAPDH as a reference gene. IL-1β levels in media supernatants were quantified as described above.

3.10. Impact of FTY-720-P on THP-1 cell viability

To rule out the possibility that FTY720-P’s effect is due to a cytotoxic effect on THP-1 monocytes, monocytes (25,000/well) were seeded in 96-well plate in 100μL per well in triplicate wells as the following groups: background (100μL culture medium), low background (100μL culture medium and monocytes), positive control (100μL culture medium and monocytes with 10 μL Cell Lysis Solution), experimental groups including MSU± FTY720-P and MSU (UA+LPS)± FTY720-P. Priming was done with UA and LPS as described above for 24 hours. Cell cytotoxicity was determined using lactate dehydrogenase (LDH) Assay Kit (Abcam; ab65393, USA). Cells were pre-incubated with FTY720-P for 3 hours then treated with MSU crystals for 6 hours. Then cell lysis solution was added to positive control and incubated for ten minutes. The microtiter plate was centrifuged at 600xg for ten minutes then clear medium solution (10μL/well) was transferred into optically clear 96-well plate. The LDH reaction mix (100μL/well) was added to quantify the release of intracellular LDH, which occurs upon damage to cell membrane. Absorbance of all controls and samples was at 450nm and the formula used to calculate percent cell cytotoxicity was: Cytotoxicity (%) = ((Test Sample – Low Control)/ (High Control – Low Control))*100.

3.11. Statistical Analyses

Statistical analyses of gene expression data were performed using ΔCt values (Ct target gene-Ct GAPDH) for each gene of interest in each experimental group. Continuous variables were
Statistical significance comparing two groups or multiple groups with parametric data was assessed by Student’s $t$ test or ANOVA followed by post-hoc multiple comparisons using Tukey’s post-hoc test. Statistical significance comparing two groups or multiple groups with nonparametric data was assessed by Rank Sum test or ANOVA on the ranks. A $p$ value of $<0.05$ was considered statistically significant. Data are presented as scatter plots with mean and standard deviations highlighted. Data were generated from at least 3 independent experiments with duplicate wells per treatment.

4. Results

4.1. Impact of UA+LPS priming on phagocytosis of fluorescent beads and MSU crystals by THP-1 monocytes

Using the fluorescent beads phagocytosis assay, we observed that priming with LPS alone or LPS + UA increased bead phagocytosis by THP-1 monocytes. Representative flow cytometry plots depict increased shift of fluorescently labeled cell population in LPS-treated and LPS + UA-treated THP-1 monocytes compared to control unprimed cells (figure 8).

![Figure 8](image)

**Figure 8** Impact of soluble uric acid and lipopolysaccharide priming on phagocytosis of FITC labeled beads by THP-1 monocytes. A) Representative flow cytometry scatter plots showing enhanced latex beads phagocytosis (as shown by more cells with increased side scatter in P2 region of interest) by THP-1 monocytes. B) Quantitative determination of beads phagocytosis using % positive cells in P2 region of interest. Priming of monocytes with LPS and UA significantly increased beads phagocytosis by THP-1 monocytes. *$p<0.001$, **$p<0.01$.**
8A). The enhancement in cell phagocytic behavior appeared to be due to LPS priming as phagocytosis of beads by UA-primed monocytes was not different ($p>0.05$) from beads’ phagocytosis by control cells (figure 8B). On the other hand, LPS alone or LPS + UA-primed monocytes exhibited significantly higher ($p<0.001$) phagocytic activity against fluorescent beads compared to control untreated monocytes (figure 8B).

Representative flow cytometry plots of MSU phagocytosis by THP-1 monocytes under control and UA and LPS priming conditions are presented in figure 9A. UA and LPS priming appeared to enhance MSU phagocytosis by THP-1 monocytes as illustrated by an increase in the percentage of THP-1 monocytes in the P2 region of interest compared to control unprimed monocytes. THP-1 monocytes did not exhibit a significant ability to phagocytose MSU crystals ($p>0.05$) (figure 9B). However, UA and LPS priming increased MSU phagocytosis by THP-1 monocytes compared to unprimed monocytes ($p<0.001$; $p<0.01$ respectively). A combination of UA + LPS priming increased MSU phagocytosis by THP-1 monocytes and that effect was not significantly different from UA priming alone.

Figure 9 Impact of soluble uric acid and lipopolysaccharide priming on phagocytosis of monosodium urate (MSU) crystals by THP-1 monocytes. A) Representative flow cytometry scatter plots showing enhanced MSU crystal phagocytosis (as shown by more cells with increased side scatter in P2 region of interest) by THP-1 monocytes. B) Quantitative determination of MSU phagocytosis using % positive cells in P2 region of interest. Priming of monocytes with LPS and UA significantly increased MSU phagocytosis by THP-1 monocytes. *$p<0.001$, **$p<0.01$. 

4.2. Impact of UA + LPS priming on intracellular PP2A activity, IL-1β expression and production

Following priming with UA and LPS and subsequent treatment with MSU crystals for 6 hours, PP2A activity was significantly lower compared to UA+LPS ($p<0.05$) (figure 10A). In contrast, UA + LPS priming did not alter intracellular PP2A activity compared to control monocytes ($p<0.05$). UA + LPS priming significantly increased IL-1β expression and production in MSU stimulated monocytes ($p<0.001$ for both comparisons) (figure 10B & 10C respectively).

*Figure 10* Impact of uric acid (UA) and lipopolysaccharide (LPS) priming on protein phosphatase-2A (PP2A) activity, interleukin-1 beta (IL-1β) expression and production in THP-1 monocytes. A) MSU challenge in UA+LPS primed monocytes resulted in a significant reduction in PP2A activity as measured by ability to generate phosphate from a phosphorylated peptide substrate. B) IL-1β expression in THP-1 monocytes following priming with UA or LPS and MSU challenge for 6 hours. C) IL-1β production in THP-1 monocytes following priming with UA or LPS and MSU challenge for 6 hours. A combination of LPS and UA priming resulted in a significant increase in IL-1β expression and production. *$p<0.001$, **$p<0.01$, n.s. non-significant.*
4.3. PP2A knockdown using PP2A siRNA and effect of knockdown on IL-1beta expression and production

PP2A knockdown using PP2A siRNA for 24 hours resulted in a significant reduction in PP2A expression (figure 11A) compared to scramble siRNA (p<0.001). The magnitude of reduction in PP2A expression was approximately 60%. PP2A activity following PP2A siRNA treatment showed significantly lower PP2A activity in knockdown cells compared to control and scramble siRNA (figure 11B). In PP2A-knockdown monocytes, MSU treatment resulted in a significant increase in IL-1β expression and production compared to untreated and scramble siRNA-treated THP-1 monocytes (p<0.05 for both comparisons) (figure 11C & 11D).

**Figure 11** Impact of protein phosphatase-2A (PP2A) silencing on monosodium urate monohydrate (MSU) crystal-induced interleukin-1 beta (IL-1β) expression and production by human THP-1 monocytes.

A) PP2Ac expression in THP-1 monocytes after PP2A siRNA knockdown. B) PP2A activity in THP-1 monocytes following PP2A siRNA knockdown. PP2A knockdown resulted in a reduction in PP2A activity. C) IL-1β expression in THP-1 monocytes following PP2A knockdown and MSU challenge for 6 hours. D) IL-1β production in THP-1 monocytes following PP2A knockdown and MSU challenge. PP2A knockdown enhanced IL-1beta expression and production in comparison to control and scramble stimulated with MSU crystals. *p<0.001, **p<0.01, n.s. non-significant.
4.4. PP2A activation by FTY720 and FTY720-P at different time-points and FTY720-P enhancement of PP2A activity of primed monocytes

The PP2A activity was determined at 1, 3, 6 and 24 following incubation with prodrug FTY720 or active metabolite FTY720-P (figure 12A and 12B). The peak activity for prodrug was at 6 hours incubation while peak activity of the active metabolite was at 3 hours after addition to monocytes (figure 12A and 12B). Priming of monocytes using UA and LPS resulted in significantly reduced PP2A activity compared to control \( (p<0.01) \) and this reduction was reversed by the addition of PP2A activating drug FTY720-P \( (p<0.05) \) (figure 12C).

![Figure 12](image)

**Figure 12** Impact of fingolimod prodrug (FTY720) and active phosphate metabolite (FTY720-P) treatments on intracellular protein phosphatase-2A (PP2A) activity in THP-1 monocytes. 

**A)** PP2A activity in FTY-720-treated monocytes. 

**B)** PP2A activity in FTY720-P-treated monocytes. The highest activity of FTY720 was at 6 hours while FTY720-P had peak activity after 3 hours. 

**C)** PP2A activity in THP-1 monocytes following priming with UA or LPS and challenge with MSU ± FTY720-P pre-incubation for 3 hours. The significant reduction in PP2A activity in primed monocytes was reversed by the addition of FTY720-P. PP2A activity was determined by its ability to generate phosphate from a phosphorylated peptide substrate. 

\*p<0.001, **p<0.01; ***p<0.05.
4.5. Impact of FTY720-P on cell viability, PP2A expression, IL-1β expression and production in human THP-1 monocytes

The impact of FTY720-P treatment on THP-1 monocyte viability, PP2Ac expression and IL-1β expression and production in UA + LPS primed and MSU treated THP-1 monocytes are presented in figure 13. There was no significant increase in cell cytotoxicity as a result of FTY720-P treatment (figure 13A) and FTY720-P treatment did not change the gene expression level of PP2Ac (figure 13B). In contrast, FTY720-P treatment reduced IL-1β expression ($p<0.001$) (figure 13C) and mature IL-1β production ($p<0.001$) (figure 13D) in UA+LPS pre-treated human monocytes following MSU stimulation.

Figure 13 Impact of fingolimod phosphate (FTY720-P) treatment on THP-1 monocyte viability, expression of PP2Ac, IL-1β expression and production in UA + LPS primed and MSU stimulated monocytes. *$p<0.001$; **$p<0.01$. A) FTY720-P treatment did not display significant cell toxicity. B) FTY720-P treatment did not alter PP2Ac gene expression. C) FTY720-P treatment reduced IL-1β gene expression. D) FTY720-P treatment reduced IL-1β production.
5. Discussion

Gout is a chronic inflammatory disease which had been long associated with hyperuricemia (38). In hyperuricemia, MSU crystals are precipitated in articular joints, and are recognized by TLRs and subsequently activate the MyD88 NLRP3 pathway releasing caspase-1. Moreover, MSU crystals act on NF-κB pathway causing the transcription of the pro-inflammatory cytokine pro-IL-1β which is cleaved by caspase-1 to IL-1β that is released from immune cells via exocytosis (39). LPS plays an important role in inflammation through its agonistic activity on TLR4 receptor stimulating the NLRP3 pathway (40). The role of hyperuricemia as an inflammatory signal had been controversial. A study had shown that uric acid has a dual role as anti-oxidant and pro-oxidant (41). On the other hand, other studies associated hyperuricemia with co-morbidities involving oxidative stress suggesting that the inflammatory mechanism of hyperuricemia is caused by redox imbalance (42) or stimulation of TLR. Current available treatments for gout include colchicine, NSAIDs, corticosteroids and IL-1β receptor antagonists and despite their different modes of action, they all had serious adverse effects with no remarkable efficiency (43). Therefore, gout remains a research area of interest.

Protein phosphatase-2A (PP2A) is a heterotrimeric enzyme, which plays an important role in intracellular inflammatory pathways through its dephosphorylating key proteins in cell signaling cascades. Although it was studied intensively for its role in cancer as a potential therapeutic target (44), some emerging studies focused on its potential anti-inflammatory role via reducing the production of pro-inflammatory cytokines TNF-alpha and IL-6 following TLR4 agonistic activity by LPS (30). The activity of PP2A is regulated through the inhibitory enzyme SET
which is bound to the catalytic subunit of PP2A preventing it from interacting with other intracellular components (45).

The most popular PP2A activating drug (PAD) is fingolimod (FTY720) which is present in two forms including: fingolimod hydrochloride prodrug (FTY720) and its active metabolite following intracellular phosphorylation by sphingosine kinase-2; fingolimod phosphate (FTY720-P). FTY720-P binds to SET releasing PP2A therefore rendering it active. Recent studies focused on FTY720-P’s potential anti-inflammatory role by reducing release of IL-8 (35). In our study, we investigated the priming role of UA and LPS on THP-1 monocytes through MSU phagocytosis and subsequent activation of NF-κB and NLRP3 pathways resulting in expression and production of pro-inflammatory cytokine IL-1β and associating this with the reduction in PP2A activity. In addition, FTY720-P was used as a PAD to enhance PP2A activity and investigate whether PP2A activation produced an anti-inflammatory effect in our crystal-induced inflammation in vitro model.

We found that UA and LPS primed monocytes and enhanced phagocytosis of MSU crystals. Phagocytic activation of monocytes was confirmed using fluorescent FIT-C labeled latex beads. The priming of UA and LPS also enhanced phagocytosis of beads compared to control. However, unlike MSU crystals, higher bead phagocytosis was seen with LPS alone compared to UA alone. This could be due to the higher precipitation of MSU crystals with UA due to similar chemical composition, which didn’t happen with the beads. In both cases, the dual activating effect of UA and LPS surpassed either of them alone. Priming corresponded with higher expression and production of the pro-inflammatory cytokine
IL-1β following MSU phagocytosis. This could be due to the stimulation of NLRP3 and NF-κB pathways. Intracellular PP2A activity was not found to decrease with priming alone but after the phagocytosis of MSU crystals. This might be due to the dual signaling needed by the inflammatory pathway through both NLRP3 and NF-κB. The association of enhanced expression and production of IL-1β with a decrease in PP2A activity suggests that PP2A plays a role in inflammation. The role of PP2A was further investigated by knocking down PP2Ac gene using PP2Ac siRNA. PP2A expression decreased with PP2A knockdown and this was associated with a decrease in PP2A activity. In unprimed monocytes after PP2A knockdown and MSU challenge, there was higher expression of IL-1β compared to control monocytes as well as enhanced IL-1β production. This confirms the previous association between the decrease of PP2A activity and increased severity of inflammation.

We further compared PP2A activation in THP-1 monocytes using the FTY720 prodrug and the active metabolite FTY720-P at different time points. The peak activity for FTY720 was observed at 6 hours while the peak activity for FTY720-P occurred at 1 hour. This is attributed to the metabolism of FTY720 since it takes about 6 hours to get uptaken into monocytes and phosphorylated by the intracellular sphingosine kinase-2 into FTY720-P, the active form of the drug. In case of FTY720-P, the addition of the active metabolite resulted in a quicker effect on PP2A activity. FTY720-P was therefore used as our PP2A activating drug in follow-up studies. In monocytes primed with UA and LPS, the decreased PP2A activity was reversed by the pre-incubation of cells with FTY720-P for 3 hours prior to MSU challenge affirming the PP2A restoring activity of FTY720 especially with primed monocytes. Furthermore, in primed monocytes, the higher expression and release of IL-1β was reversed by pre-incubation with
FTY720-P. This confirms the anti-inflammatory role of FTY720-P through its action as a PP2A activating drug. Interestingly, PP2A activation was not due to an increased PP2A intracellular pool as FTY720-P treatment showed no significant effect on PP2A expression in primed cells compared to control. Finally, LDH cytotoxicity assay showed no significant cellular death confirming that all results aren’t caused by cellular death due to priming or due to addition of FTY720-P.

6. Conclusions

We conclude that priming THP-1 monocytes using UA and LPS results in higher MSU phagocytosis and subsequently higher expression and production of IL-1β with decreased PP2A activity. Increasing PP2A activity through PADs as FTY720-P can reverse the pro-inflammatory effect of priming. PP2A is a novel target in gout.
7. References


