Don't do drugs!
By Michelle Perez and Yasmin Garcia

Drug Abuse? Do you ever wonder what drugs do to you? Drug abuse is a very common issue in our society, especially by minors. Drug abuse is bad in general because it can cause serious brain damage and can cause death. Drugs should not be used because they not only hurt drug users, they hurt the people around them, such as friends and family.

In addition, young adults are mainly pressured to do drugs by their peers, rather than to do them by themselves. In Orange County it is mostly common to see teens doing drugs along the beach according to the Orange County Register. Marijuana is said to be commonly used by young adults according to the National Institute of Drug Abuse. Most people don’t understand what drugs do to them. Drugs can cause “acquired brain injury, death, murder, suicide, and suffocation.”

Acquired brain injury is a disease that causes you to have breathing problems and it can also lead to suicidal thoughts when people use too many drugs. Furthermore, drugs can cause people to not think right and to become paranoid, thinking someone might be after them, which can lead to murder. It can also cause suffocation, because some drugs cause people to not breath correctly. People, especially young adults shouldn't be doing drugs or be near people who will influence or force them to do drugs.

In conclusion, drugs take people's lives and also take innocent family members. Drugs do more harm than good and shouldn't be used by young adults; they hurt the brain mentally and physically. Drugs are bad and they shouldn't be used! STAY IN SCHOOL, KIDS!!