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### Confessions of the 3 Sexketeers

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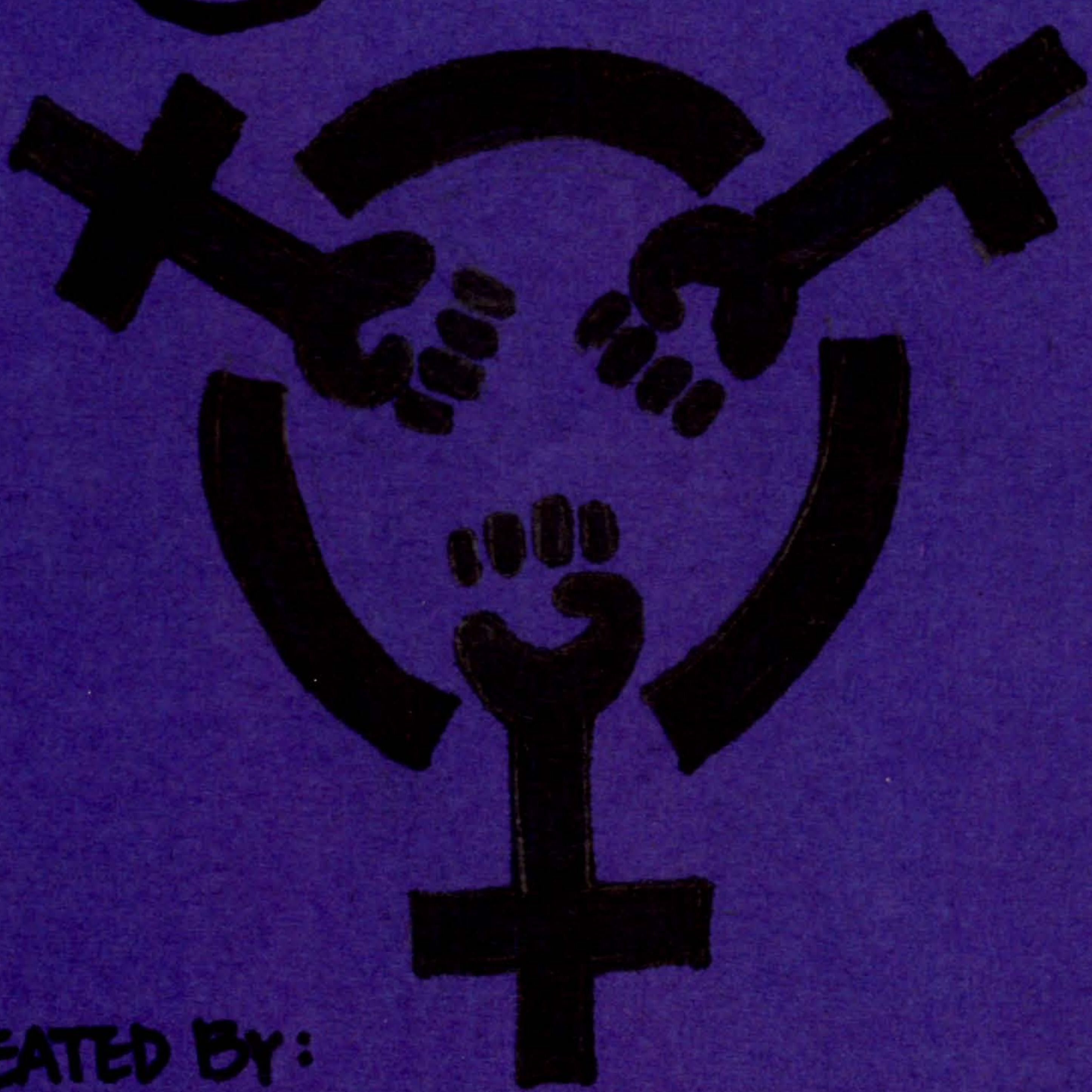
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# Confessions of THE 3 Sexketeers



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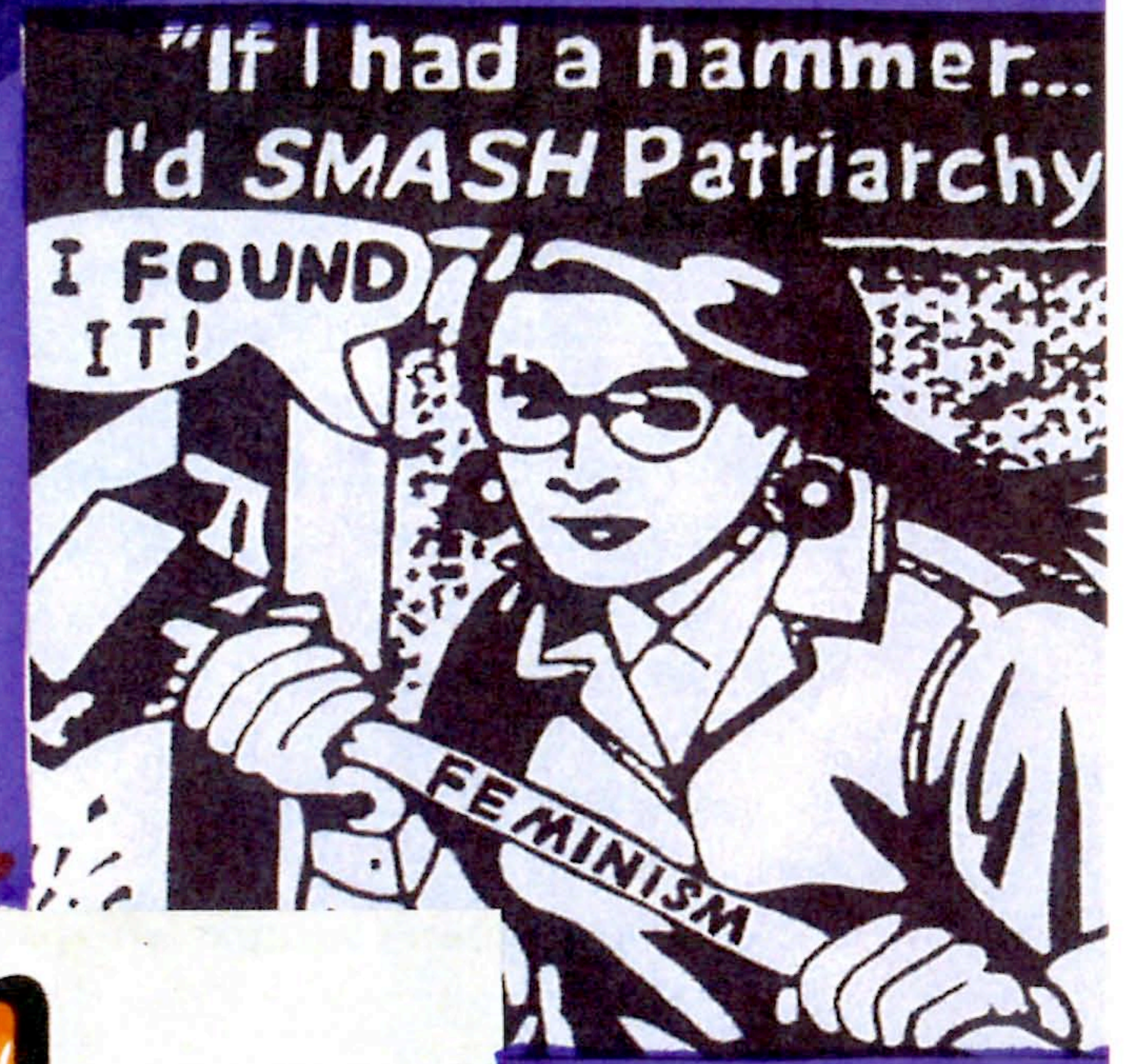
HAYLEIGH HERRERA; K.B. JENNY KIM;  
MADI MCPADDEN



LOVE YOUR VAGINA

I LOVE  
my  
Vagina

I  FEMINISM



Fun  
Fearless  
Females

Feminism is  
the radical notion  
that women are people.

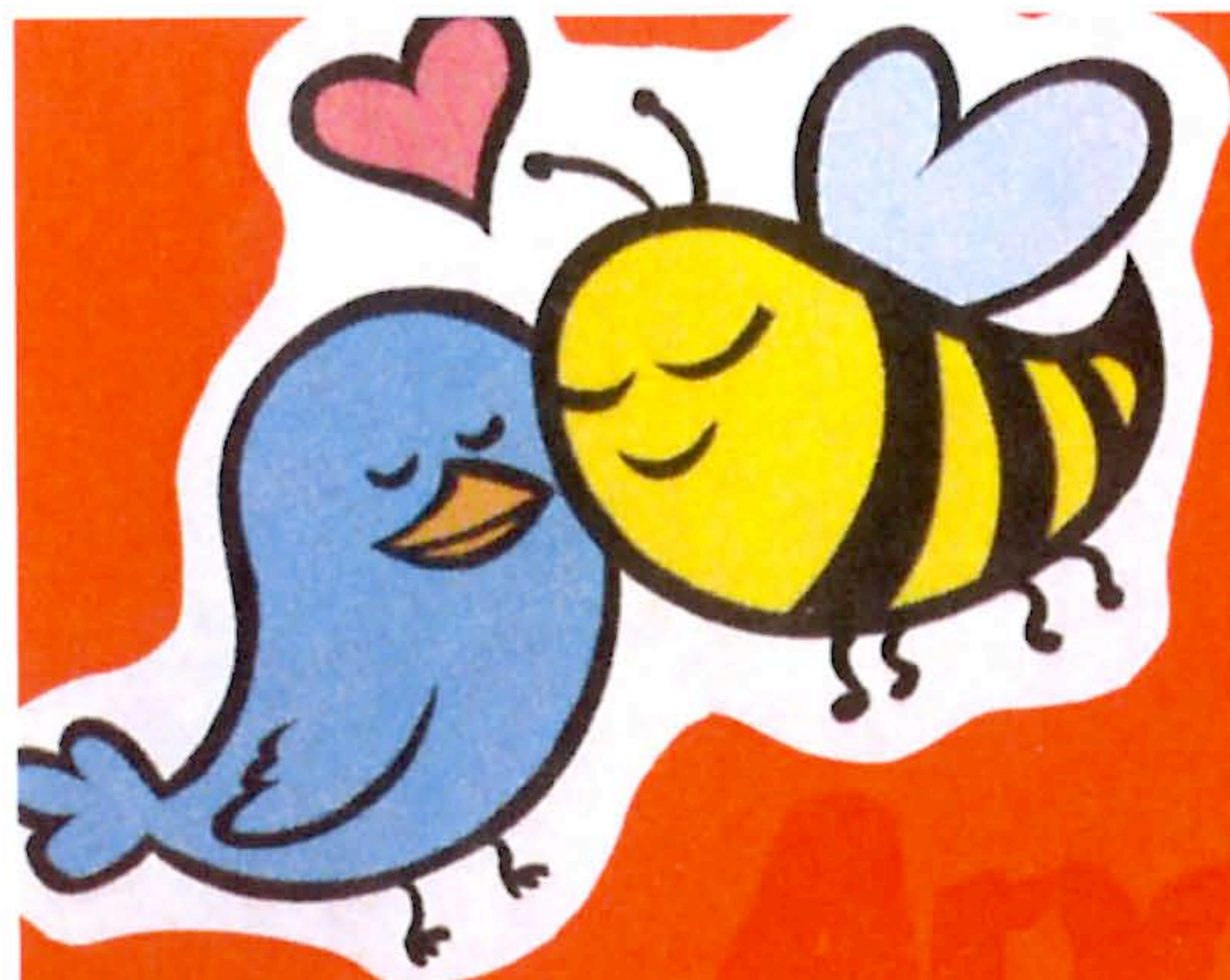
-Charles Krauthammer, Paula Treichler  
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♂ = ♀

Empowerment

Inspired by the  
environment in WHST101,  
THIS IS OUR  
Radical but  
SAFE space  
- HH, JK, M.P -





# Anatomy

Growing up we've all experienced "the birds and the bees" or "where babies come from" talk. But really, how many young adults are aware and have a true understanding of the intricacies and realities of reproductive systems and the art of sex? The penis and other parts of the male reproductive system are always seen as a tool of power, possession, and domination. The size, strength, and performance ability of a penis is directly correlated to the owner of that penis. Why is it that men and women alike can so freely talk about the male's reproductive system but the vagina is looked at like some dark forbidden dungeon of which nobody really knows what is down there or who has been down there? It's time women take charge of their own bodies and not only know where our own clitoris is but also be proud of the v-word that can be responsible for such pleasure and joy in our lives.

Many young women who have recently began their journey of womanhood through the start of their menstrual cycles do not know that the urethral opening is different from the vaginal entrance. So, here is a de-mystified construction of what glorious thing lies between your inner thighs. Before reaching the vagina, a little below where your bladder is located, and around the vagina are pubes. The most outer layer of the vagina is the labia majora which then inside it lies the labia minora. The vaginal entrance is located above your anus. Then the urethral opening is located above the vaginal entrance. The clitoral hood and clitoral glands are located even above the urethral opening, really just underneath the tip of your labia majora. Speaking of your clitoris...

# The Vagina / Clitoris...

mons  
pubis

prepuce/  
glans of  
clitoris

Labia  
majora

Labia  
minora

vaginal  
opening

urethral  
opening

anus

orgasm

Contrary to popular belief and mainstream media, penile penetration of your vaginal opening is not the only way to experience an orgasm. There is a part of the vagina that is solely meant to feel and give pleasure, the clitoris. In fact, the best way to be aroused is through the stimulation of your clitoris, not necessarily through a penis entering your vagina. Don't know where your clitoris is? We can fix that for you.



# Race & SEX:

Society has corruptly pre-determined the role of race in sex. Let us examine four racial categories and their stereotypes. Black women are often hyper-sexualized in movies, magazines, and other forms of mainstream media. Portrayed as more domineering and demanding of their sexual partners, they are depicted as sex-crazed in thought, action, and behavior. Latina women have received from society the image of the "spicy Latina," a woman who is flirtatious and sassy and seeming in control of her situation and her sexual actions. The spicy Latina exhibits control of her body and her wants but at the same time retains her sexy femme appeal. The purity myth of Caucasians portrays two types of women: the one who was the "wild child" in high school "going off the deep-end" and "ruining her life" by becoming sexually active at a young age. Then there is type B who is the debutante girl, always mannered and polite, secretly desiring sex but not being allowed to obtain and experience the pleasures of it. Finally we come to the submissive Asian stereotype. Asian women are seen as not knowing what they want or how to get it even if they did know, of not only their sexual needs but in every other realm. They are seen as being able to be controlled by men and expected to be obedient to men.

**NEWSFLASH:**  
a woman does not  
walk down the  
street for your  
entertainment.

oh, and for the record  
skinny jeans are never  
an invitation to rape

# ? ? Yellow Fever ? ?

As an Asian-American woman, I have encountered many versions of this stereotype in different aspects of my life. At school, I've had friends be surprised at the fact that I received a C+ in my Business Calculus class because Asians are supposed to be good at math. My roommates kept trying to introduce me to their Asian friends because Asians only ever date other Asians. Or they might try and introduce me to White men with "yellow fever." I originally thought yellow fever meant a certain attraction to our physical features, but later discovered that the attraction had to do with our submissiveness. Me and my group of fellow Asian girlfriends are referred to as "the Asians" because when members of a minority group sit together at lunch, it stands out more than when members of the majority group sit together when it's simply a matter of finding comfort and camaraderie within members of the same culture (although I do appreciate and celebrate diversity). At work I am faced with constant subtle, yet present racist and sexist jokes. I have to be extra careful when driving the golf cart because I am an Asian woman, which is a "double whammy." I am the best employee because I'm always on time and never cuss in the office all due to the fact that I am the "model minority," not because I believe in a personal worth ethic of professionalism. Everyone who knows me has heard my obnoxiously loud laugh at least once: and most can't deny that they were surprised when that such a sound came from a "petite Asian girl." I am Asian but I am a strong, boisterous woman.



NOT QUIET, SUBMISSIVE,  
OR PETITE.  
I AM STRONG  
CONFIDENT



# GENDER ROLES

When we're taught about sex education in school, we're taught a very narrow and limited view of what it is and who does it. The important factor that schools purposely avoid teaching is that sex is supposed to be enjoyable. If we all learn that sex is some awkward, robotic-like procedure that is for the sole purpose of reproducing, then how are we supposed to have any sort of clue of what to do when it comes to the time? Heterosexuality is often thought of as being the only "normal" and "natural" form of sexuality. In this narrow discourse of sex within the education system and society, exists heteronormative gender roles. Gender roles are perpetuated through magazines, tv, movies, and advertisements.

These patriarchal roles specify ways in which men and women are supposed to act during sex. For example, popular culture depicts women as sex-crazed females who are always ready to get it on, in order to to please any and every man. In this situation, the men are shown as not only welcoming of the women's behavior but also expectant of her endless desire to satisfy him. The other side of the spectrum shows women as always wanting to be dominated by men, submissive to their control. They are sometimes initially shown as not wanting sex but eventually giving in because they are unable to resist anymore. Not only do these roles illustrate women as helpless and unable to control their emotions, but it also states that men have total control of women's physical and emotional conditions. In these portrayed situations, there is a heteronormative binary of gender that is perpetuated throughout society. We are conditioned to see sex as only an act between a male and female and that the male is always the one with authority, the instigator. But, the reality is that sex has no boundaries. Or it shouldn't anyway.

sex has NO boundaries

I have a unique situation. I was born in South Korea and immigrated here at the elementary level and my mother married a Caucasian man of German descent; so in more ways than one I consider myself bi-cultural. However, it remains true that no matter how multidimensional my inner identity is, the rest of society sees me as just one: Asian. Being a virgin, I have yet to experience the extreme cases of the sexual stereotype seen in Asian women. However, I have encountered the effects of this submissive stereotype to a certain extent. A few years ago I dated a Caucasian boy that was a few years older than me. I was not physically, emotionally, or spiritually ready to have sex with him or any other man at that point in my life. He still pushed me in ways I, at the time, thought couldn't control because of what I thought was expected of me. I had to be a big girl now for this *man* and had to be *worldly* and *experienced*, *mature* and *sexy*. I remember feeling so numb and out of my body after he left; feeling so weak and fragile with a gaping hole where my "dignity" and "self-respect" should have been; feeling so vulnerable and empty where my "womanhood" and "empowerment" now lie.

vulnerable... empty...

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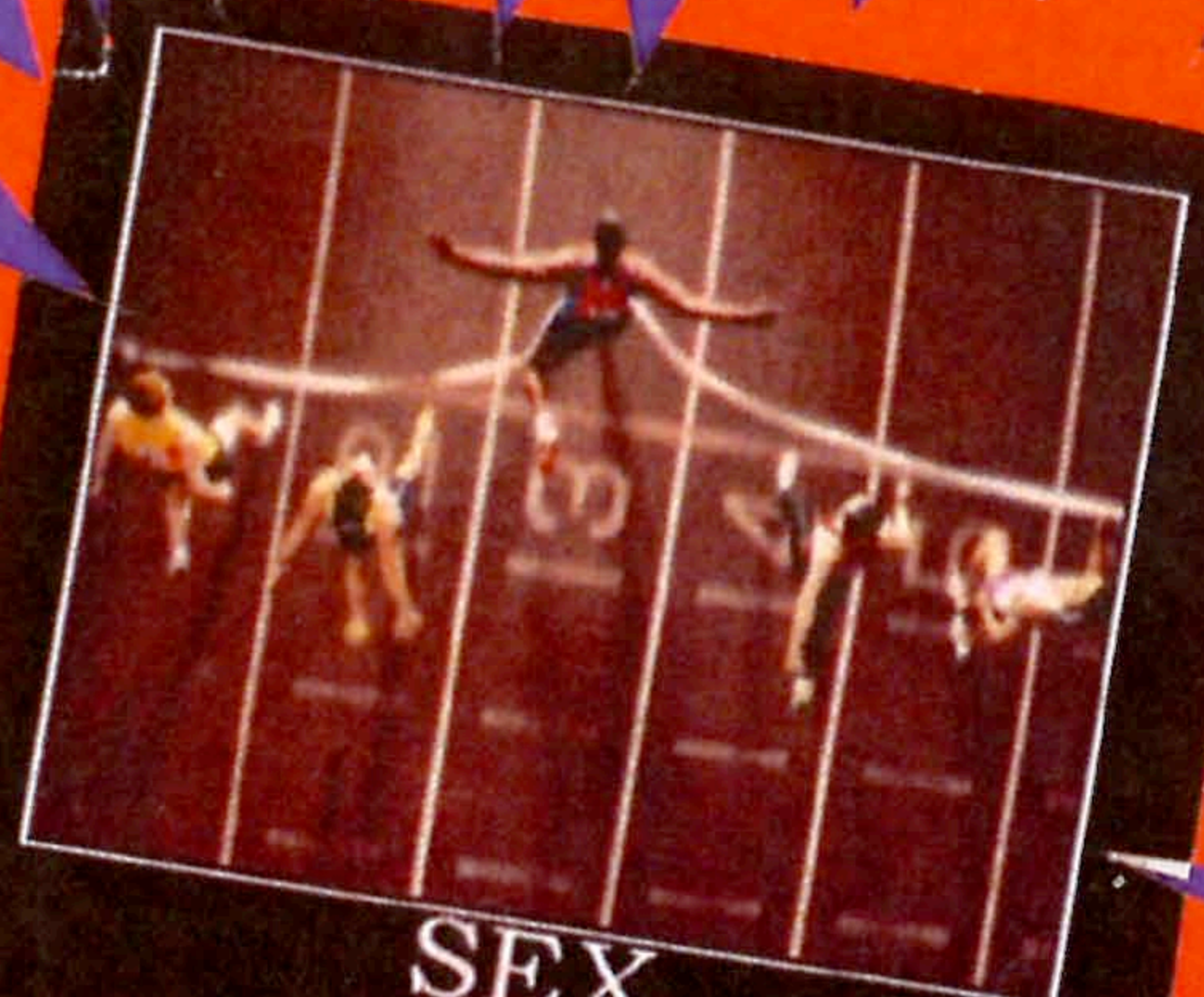
WOMANHOOD!  
EMPOWERMENT!

- K.B.  
Jenny Kim



# THE ALL-MIGHTY MALE ORGASM

In the patriarchal society that we live in today, there exists the idea that sex is only about the male receiving pleasure. This message is not necessarily written anywhere specific, but the message does hide in a platform seen by the majority of mainstream magazines. At first, the message seems harmless. It's trying to help you, by giving advice in how to please your man-right? Looking closer at the message being sent, it is evident that no matter what, there is always something you can do better in pleasing your man. Subtly but definitely, women are being conditioned to think that we are not adequate enough in sexual performance, our looks, and even our personalities (since that always seems to be overlooked). Not only does this form of oppression shape women to think they are not enough but it also trains men to believe that we are pleasure-giving machines: built only to accommodate the male in whatever physical, emotional, and definitely sexual needs they may have. In so many women's stories, including our own, women are too afraid or embarrassed to ask and discuss what brings pleasure to us, women. It takes two people to have sex; then shouldn't it bring pleasure to both parties? De-bunk the patriarchy of your sex and feminize it. Try things with your partner and find out what works for both of you. Never be ashamed of your body and don't trust your magnificent vagina with someone you have to apologize to. Most importantly, educate yourself on what great sex is, whether that be talking about it with people who are more experienced than you, or just taking that penis (or whatever you prefer, even if it's yourself) by the reins and taking action.



SEX

Sorry honey, I win

Let your needs be known!

It bothers me that in reflecting upon my sexual encounters, I can't recall ever having the courage or confidence to inquire about my own pleasure. I remember having the notion in my mind that I needed to please my partner, and that's it; that it was okay if I didn't get any pleasure from the experience whatsoever. Even if the guy offered to do whatever I requested of him, I STILL felt embarrassed, almost not "worthy" of experiencing pleasure as a woman. I remember thinking that "it's okay that I'm not satisfied, as long as he is then that's all that matters." Now, at the time I wasn't really aware of why or how I came to these conclusions, but the fact that I had them and believed in them is what's scary. Growing up through college I've learned an incredible amount of things, about the world and myself. In doing so, I've realized that pleasing and giving are two different acts. Pleasure should be all about you. When you try to please someone, you come from a place of fear. Giving, however, comes from pride in that when you really care about someone, you care about their needs, not just their wants. In my early sexual encounters, I was all about pleasing because-God forbid-that the guy wasn't satisfied, it was because I did something wrong. It was MY fault. In growing and learning, I've come to realize how ingrained the concept of being a 'pleaser' was a part of my thought process. I hope that in my future relationships, armed with the knowledge I've gained in women's studies, I can combat the expected pleasing behavior and start voicing my needs and desires.

## Stop Being Such a Pleaser!

Got a habit of being over-accommodating? So did Bethenny. (Seriously!) But she says every woman should quit the yes thing immediately.

Hayleigh



# THE DECLARATION OF Sexual Independence (Please Sign)

*When in the course of human events, a woman decides to claim her unalienable right to great sex, the following manifesto will come in handy. Your 2012 revolution starts here.*

I will **love my body** and expect others to as well.

I will learn **what turns me on** and how to communicate it.

I will learn **what turns him on** and how to do it.

I will **buy and try a sex toy or sexy movie**, whether that's a top-of-the-line vibrator or a DVD of the BBC's *Pride and Prejudice*, starring Colin Firth.

I will be **open to changes in my sexual preferences**, turn-ons and turnoffs. I will also be open to preferring exactly what I've always preferred.

I will **speak up if I want to** have more or less sex with my partner, and not be judge-y about it.

I will **be honest about what I want out of a sexual relationship**.

If I actually want to settle down with a guy, I won't tell him, "Whatevs! Let's just be friends with benefits!"

I will **explore the joys of solo sex**.

I **won't spend** one second with someone who makes me feel bad about my body or what floats my sexual boat.

I will **practice safer sex**.

I will **try one new move or fantasy** that I've been curious about, with permission to laugh uproariously if I feel ridiculous.

Your John Hancock here: \_\_\_\_\_

I'm one of those annoying girls that always have a boyfriend. Correction, I was. Up until six months ago, I had a boyfriend ever since freshman year of high school. I was a serial dater, or something. I mean, I wasn't killing guys or anything, but I sure did know how to move on from one long-term relationship to the next. And with those long-term relationships always eventually came sex.

I lost my virginity at age sixteen, it was raining, and his parents were out of town. It was the most fumbling, inconsistent, and awkward encounter to ever occur between two people. It was horrible. But I kept telling myself that it would get better with time. Sex was supposed to be amazing right? It was supposed to be this earth-shattering, mind-blowing, overwhelmingly satisfying, feeling. So when I lost my virginity, I couldn't help but laugh and think **THIS IS IT?!**

I recently read in a study done by the Kinsey Institute that 18-29 year olds have sex an average of 112 times per year. At nineteen, I am entirely sure that I have definitely had at least that many times in my lifetime if not more. I couldn't give you an exact number, but it's definitely up there. If I told my mom that, she'd probably cringe, but I'm not ashamed. Why should I be? But I will tell you what I am ashamed of. I have had sex over one hundred times, maybe even two hundred times since the all too awkward first time. And society and culture growing up would lead one to believe that therefore, I must have had hundreds of orgasms. But let me tell you the truth, I HAVEN'T. I might not be able to tell you how many times I've had sex, but I can tell you how many times I have ever had an orgasm from one of my boyfriends. Get ready everyone, the answer is.... THREE. Literally only three times. Out of more than one hundred times!

And I just always accepted it. That's just the way it was. Women are just so socialized to be so focused on the male orgasm, so much in fact, that they never take the time to actually get to know what gets themselves off. As long as the man is satisfied, the sex was good. Maybe I'll orgasm next time. The sex I've had the last three years has been totally heteropatriarchal. For some reason, I was always scared to make him wait just a little longer or ask him to try something that might make me feel really

good. I sacrificed my own satisfaction out of fear of upsetting someone who I knew in any other respect was willing to do anything for me. How ridiculous is that? And nobody talks about it! Women need to get angry and start figuring out and speaking out for what they want. I sure as hell need to. Otherwise, I'll be able to count the number of orgasms I've had because of men on my two hands for the rest of my life.

Madi ♥



## SEX: A TOOL OF PATRIARCHY

I am so fucking sick of the unhealthy, destructive, and oppressive propagandist mainstream media. Every generation, more and more girls are growing up with unhealthy understandings of beauty and what it means to be a woman. Like there should even be a definition? We're all individuals; we all have different backgrounds, wants, needs, dreams. Of course we aren't all going to fit in the same ridiculous and utterly impossible standards the media sets out for us in order to maintain order and patriarchy. Author Naomi Wolfe is so entirely right about when she writes "The Beauty Myth." Every time women rise up, the standard changes: taller, thinner, blonder, bigger breasts, smaller waists. Even the models in the magazines don't qualify. They are airbrushed, retouched, smoothed and even thinned out as if their underweight bodies weren't already much smaller than the average woman. In her book, Naomi Wolfe's data revealed that in five years over 33,000 women told researchers that it was their *number one* goal in life to lose between ten and fifteen pounds. And for whom? For what? Women can do ANYTHING they put their minds to. So why aren't those same women shooting for excelling professionally, fighting sexism, racism, poverty or any other social problem? Patriarchal society and superficial media have told women everywhere every day that their worth comes from their appearance and sexuality. And it is all to the male benefit. It keeps women's strength under control. They are worrying about their appearance when they could and should be worrying about how to push forward in the fight for equality of the sexes. Beauty standards are just another tool to propel and maintain beauty standards. I want to scream and shout "SNAP OUT OF IT." But the truth is, I'm guilty of it too. We've all been socialized into thinking that this is just the way

it is and always will be. Beauty maintenance has become a tool of confidence for women everywhere. One of my best friends won't even leave her room if she hasn't straightened her hair yet, even though it typically won't take her any less than thirty minutes to do it! Women everywhere need to realize that no matter how cliché it sounds, what is important is who they are on the inside. There's nothing wrong with looking good and feeling good, but women simply cannot let it stand in the way of their life goals. Women need to quit being distracted and obsessed by the harsh beauty standards our patriarchal culture has imposed on them. They need to harness their potential and figure out how to make the best out of who they are, whoever that might be. Not only for themselves, but for women everywhere. Black, white, yellow, red, brown. We are all beautiful.

## cosmetic genital mutilation

• labiaplasty in modern society •



Did you know that there is actually a website that tells women exactly what their vaginas are supposed to look like? The size, shape, color, texture, smell. There's even a quiz you can input your "measurements" of different parts of your vagina and it will give you a rating on just how attractive your vagina really is. How messed up is that? Like women need one more thing that tells them they aren't good enough, that they need to further alter the way they look to fulfill some entirely ludicrous beauty standard. Thanks to companies like The Vagina Institute women are told that if their vaginas don't look like a prepubescent, hairless, lipless, slit, then they will be sexually dysfunctional and unwanted by the male species. As a result, women and girls as young as 15 year olds are getting labiaplasty, a surgery that "corrects" the size and appearance of the labia minora and labia majora, typically making them smaller and more "delicate." First of all, I'd like to point out that at age fifteen, you are not even a full-grown woman. You have years of maturing to do, both mentally and physically. What parent consents to that? More importantly, what kind of society makes it okay for a parent to consent to their daughter having a surgery done on her vagina before she's

even a mature woman? Its all just correlates right back to the use of beauty as a tool of oppression. Patriarchy is an entire industry that pushes down women each time they rise up. Even more appalling, but not the least bit surprising is that The Vagina Institute is directly linked to cosmetic surgeons everywhere. They are financially profiting from telling women everywhere their own bodies are deformed, unnatural, and not good enough for any man everywhere. Its sickening. It seems crazy that women would have to conform to these hegemonic standards of beauty for their *vaginas*. What could be more normal than your own personal, womanly, vagina? Women should not feel pressured to alter the most intimate and sexually sacred parts of their body for anyone. Not men, not other women, not any member of society.

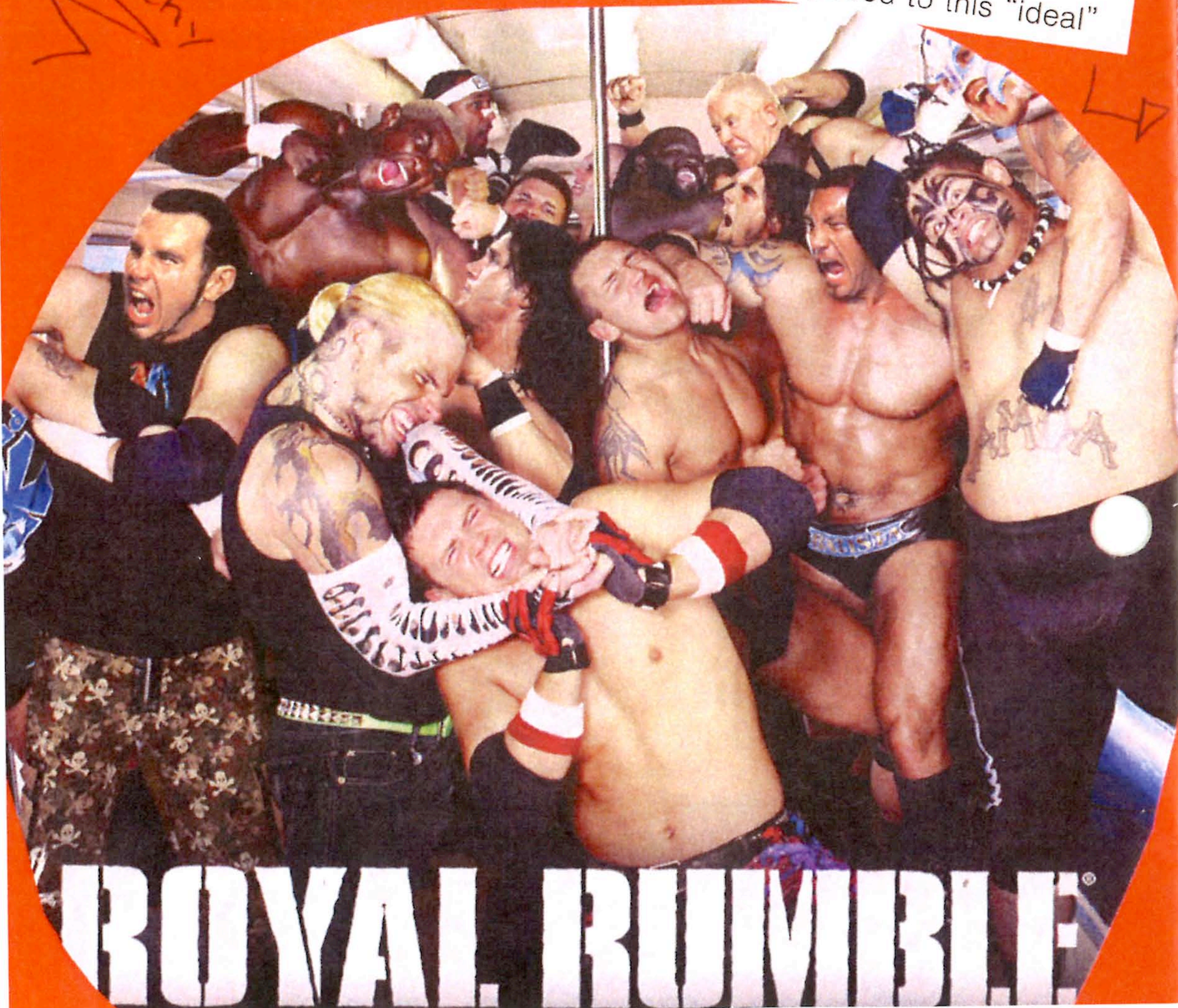
and tool of distraction against women. As if patriarchy isn't strong enough already.



WWE

In the extremely scripted discourse of the media platform of the World Wrestling Federation, the imagination of the hyper-masculine wrestling subculture becomes a frightening reality for men in society. It creates false gender roles and desensitizes and glorifies violence against women. Although the WWF is supposed only for the purpose of entertainment, the fact of the matter is that the scenarios played out night after night are taken literally and seriously by thousands of boys, men, and even some women. The internalization of what is seen in the WWF has the potential to create some greatly adverse effects on the behavior of its viewers.

In this sub-culture, normalization of violence is explicitly and brutally portrayed. The characteristics of intimidation, humiliation, control, and verbal aggression is the way that "real men" prevail. When kids are consistently exposed to this "ideal"



I'M GOING TO MAKE YOU MY GIRLFRIEND!  
- MIKE TYSON

that they have to achieve in order to be a man, one can't help but question just how it is affecting young boys and how they see women as they grow into men. They begin to consider violence against women as normal and even entertaining. They begin to equate exhibiting manhood with exhibiting hateful, misogynistic attitudes and actions against women, not to mention completely dictating over them as if they were simple pets to have command over. Inflicting physical as well as emotional pain becomes their idea of "normal manhood." Unfortunately, men aren't the only victims of the horrendous aftermath of the WWF.

Female wrestlers are hyper-sexualized in a variety of ways. This is shown ranging from the clothes they wear to the extreme mock-violent acts that would otherwise never take place out of this fantasy world. Not only are they "asking for" and "deserving of" all the violence inflicted on them by men, but they also exhibit crude behavior to one another in this field. Women are fighting in scanty outfits, often fighting over men or for the sole pleasure of men. Women are shown to do practically anything to seek the approval of their male partners, including crawling around on all fours, panting like a dog.

But what are the consequences of repeatedly seeing this glamorized mock-violent shows? Young boys and girls will start to internalize these behaviors and act them out in their lives. They will develop into men and women with distorted views of what their roles are in society. The men will grow up terribly desensitized to violence against women and expectant of her obedience. The women will grow up believing that their only worthwhile purpose is to please men and that their dominating nature is only natural. The excuse that the WWF is entertainment is complete bullshit. If the rest of society doesn't start counteracting this dangerous movement of desensitizing and glorifying violence against women and men's tyrannical role in the oppressive patriarchy found in WWF, it could lead us to further become a society in which women are second class citizens.

not to mention disrespectful

↑ seriously, what an idiot how much more ridiculous could you get?



- We need men to join the movement -

FUCK YOU!

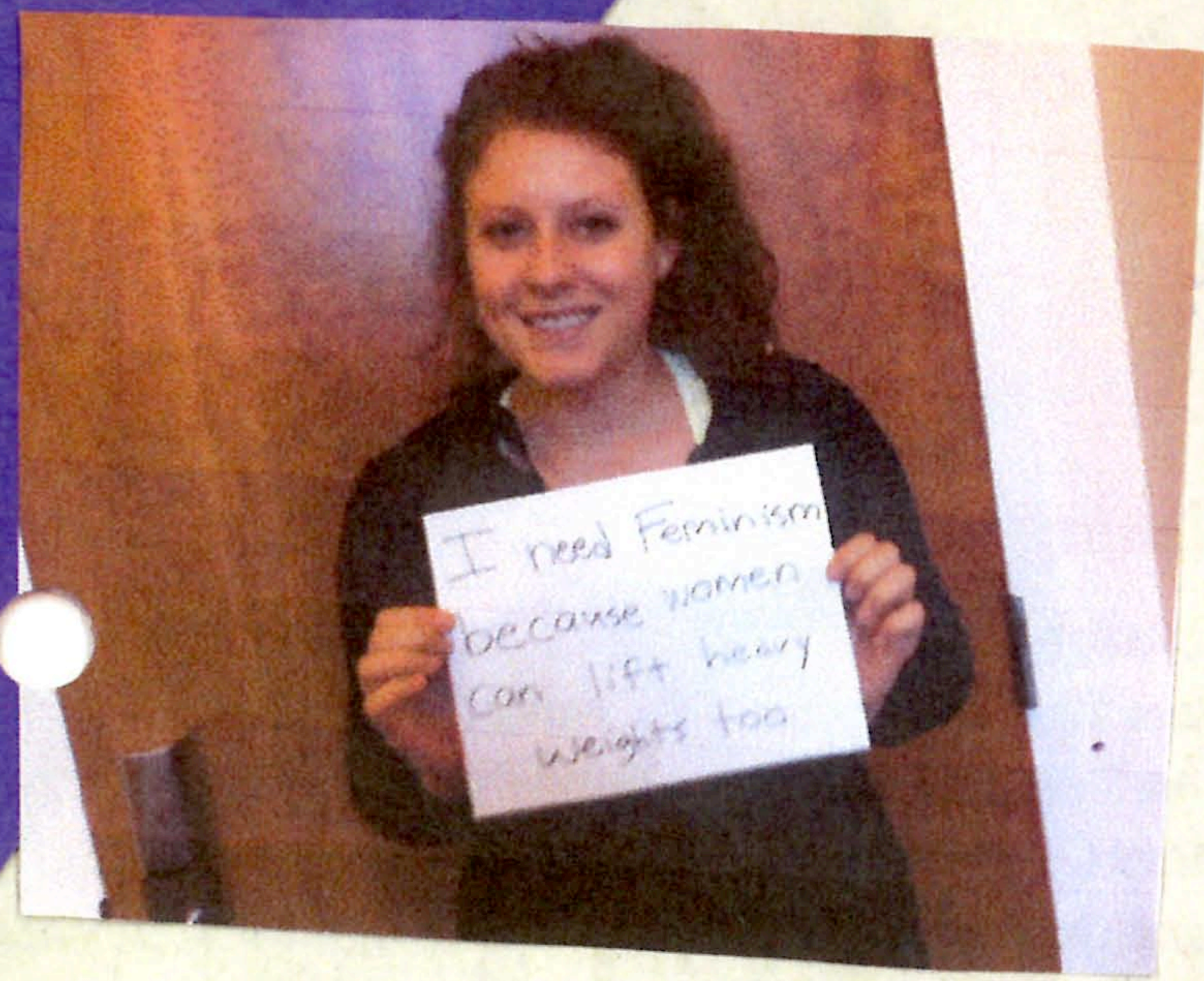
## And 4 Pet Peeves That We Hate

*Sorry, men. Sometimes you just suck.*

1. "My dating deal breaker? If she's too feminist. They get high and mighty about themselves. And they think everything is sexist when you're not trying to be." —Francis, 23
  2. "I won't date a girl who's shorter than 5'3". Also, I will never date someone who hasn't smoked weed." —Eric, 27
  3. "If she's a trust fund baby whose Valley girl accent runs up my spine like nails on a chalkboard. No." —Brian, 31
  4. "If she is heavyset but has yet to realize it. You can tell based on the clothes she's wearing." —Taresh, 24
- Alison Goldman



But really... Feminists cannot go very far without help undo the years of patriarchal character. Just plain. Stupid. Judgment = ignorance C70 fuck ourselves





# The Feminist Pledge ...

I pledge to align myself  
with the fight for equality of the sexes.  
I pledge to live without boundaries defined by the  
societal norm. I pledge to always live with strength,  
integrity, and humility. I pledge to love my flaws, physical  
and otherwise, because without them I wouldn't be myself.  
I pledge to never let my actions be defined by the norm.  
I pledge to respect myself and all women as achievers,  
leaders, and decision-makers. I pledge to never base  
my opinions on internalized stereotypes. I pledge  
to recognize all kinds of oppression and how  
they overlap, not just the ones that affect  
me. I pledge to make smart decisions  
about my body based on what  
is right for me, and only me.  
I pledge to be proud of  
being a woman.  
I am forever a  
Feminist.

**Feminists  
OUT!**